TOGETHER IS BETTER

INTERNATIONAL ASSOCIATION OF DENTAL STUDENTS

IADS MAGAZINE

November 2019

COUNTRY PROFILE
Bosnia and Herzegovina

IADS EXPERIENCE
IADS AC Tunisia
AfroDSA Congress
FDI Congress
ICEP Poland
IDRP Turkey

BEYOND DENTISTRY
TIPS and TRICKS on surviving dental school
ONLINE DENTISTRY

DENTISTRY TODAY
BIOTEETH

IADS HALL of FAME
Ave Põld, IPP

"Continuously experimenting to improve oneself will result in an enormous success and recompense.

DR. GIACOMO ARMANI

Promising young dentist
Prosthodontist
Member of ESCD
IADS Alumni

Cover Design by: *Marah Tayyem*

Björn Bierlich
IADS President

Dear IADS Magazine Readers,
Dear IADS Family,

This year brings new opportunities and new challenges. There is a lot to accomplish, there are many things we want to improve to make our beloved association better. The global coverage of our association is growing, within the first weeks of our term we already signed an agreement with AfroDSA in order to integrate African students better in our international structure. We are also entering a new workspace for IADS - the Global Career Database will gather information about recognition of your diploma in foreign countries and it will help to guide your way for your future career as global dental leader. So stay tuned for its launch and be surprised what IADS 360° Care means!

I can say that I am truly amazed by how many talented, active and bright people we have now in the Leadership of IADS. And there are more on the way! More than a hundred of new bright minds came this year to work in our committees and the Editorial Board, and I believe the results will follow.

Dear Dental Students,
if you are reading this, I would love to see you join our big IADS family. We will grow together. This is just a beginning of our journey, and there will be a lot of interesting projects and activities for everyone. Events for training, voluntary work, prophylaxis events, scientific and clinical exchanges, oral health policy trainings and of course congresses will be waiting for you to join.
Stay tuned, and our beloved editor ***Živa*** will deliver you good news shortly!

PRESIDENT

Živa Antolin
IADS Editor-In-Chief

Dear readers of the IADS Magazine,

I am very proud to present you the first issue of the IADS Magazine as the Editor! Our team, the Editorial Board, was working on it since the beginning of October. You can notice a few changes from the previous issues. This includes different names of some sections as well as the introduction of two new sections; IADS Sneak Peak, where we will feature one of our Task Forces in every issue to give you an insight into their work, and IADS Hall of Fame, which will be dedicated exclusively to our Alumni members. As a part of the IADS Experience (previously IADS Reports), an article from participants from our International Clinical Exchange Program (ICEP) will be featured in every issue.

I would like to thank everyone who participated in the creation process of this issue with their ideas and support, by writing articles, proofreading or graphic design. Especially big thank you goes to the Liaison Officer of Editorial Board (LOEB), ***Rajaa Antar***, for being my right hand at coordinating all the work, our designers ***Marah Tayyem***, who is responsible for the updated design of the Magazine, and ***Reem Osama***, for spending hours and hours to create zodiac icons just for our Horoscope, and, last but not least, to ***Greta Keršyte*** and ***Malek Ghorbel***, previous Editors, for their help and support.

I would love to hear from you! If you have any comments, suggestions or questions about the Magazine, you are welcome to contact me through email or any of the IADS social media channels.

EDITOR

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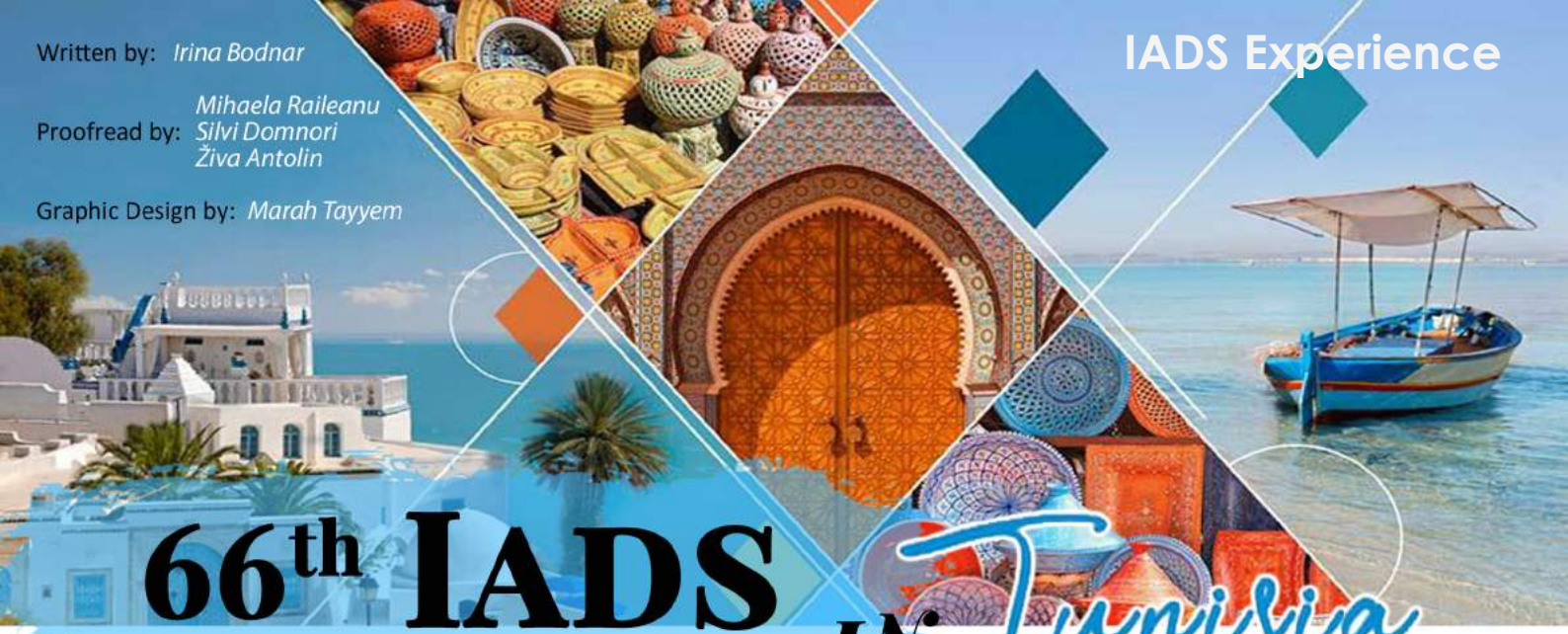

66th IADS ANNUAL CONGRESS IN Tunisia 2019

When you think about Tunisia, you're probably picturing soft sandy beaches leading to the waves of the Mediterranean Sea or palm trees all around the crowded streets of Tunis, full of locals wearing their beautiful traditional clothes. But when it comes to me, I think of Tunisia as a place where I met my second family - the IADS family.

The first thing I saw when I arrived at the Tunis Airport was Sami - one of the LOC members - wearing his nice chachia on his head and his warm smile on his face, then I noticed the „Welcome to the IADS Annual Congress" sign. We introduced ourselves to each other, hugged and instantly became friends. We met with the participants, who attended the 2 days of pre-congress and then we took a bus trip to Mahdia - the city where the congress would take place.

I basically met everybody in this five-hour trip. It only took a few songs from "Dragostea din tei" to "Sidi Mansour" for us to bond. As we arrived at Nour Palace Hotel, we met the rest of the LOC. We checked in and received our welcome packages - a very cute bag that included nice presents such as a mini tunisian traditional hat with candies in it! I was very grateful for mdhalla – a straw hat that protected me from the burning sun during our trips and also turned out to be perfect as a sleeping mask during the day, after a tough night. We attended the Opening Ceremony, where the LOC was officially introduced. The night was full of fun and dancing to the songs of a traditional tunisian band.