

# DENTAL TRIBUNE

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## IADSR HOLDS DENTAL IMPLANT WORKSHOP FOR GPS

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## WOMEN LEADING PAKISTAN'S DENTISTRY REVOLUTION

Over the past few decades, Pakistan's dental profession has undergone remarkable growth.

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## ROLE OF TECHNOLOGY IN SHAPING DENTISTRY'S FUTURE

Driven by technological advancements, the field of dentistry has witnessed a transformation.

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## Exploring the future of dentistry: PADS congress 2024 sparks innovation



Engaging discussions at the Annual Dental Congress 2024! Dr Robia Ghafoor showcased the future of simulation in Restorative Dentistry, while Dr Yumna Zubair and Dr Zaffar Abbas explored the integration of Aesthetic Medicine. A great start to an inspiring event. –Photo: DT Pakistan

KARACHI: The "Annual Dental Congress 2024," held at Aga Khan University (AKU) with the theme 'Sustainable Innovation and Entrepreneurship in Dentistry: Shaping the Future of Oral Health,' concluded on a high note. The two-day event brought together professionals from across Pakistan for a dynamic exchange of ideas and expertise, where the participants will also have the chance to earn 10 Continuing Medical Education (CME) hours accredited by Jinnah Sindh Medical University (JSMU), Dental News was the official media partner for the event..

In her closing remarks, Dr Mariyam Iqbal, President of the Pakistan Association of Dental Surgeons (PADS), thanked the speakers, panel judges, and AKU's CIME department for their roles in making the event a success. The congress focused on fostering collaboration

and innovation in dental care, featuring over five workshops that explored various facets of the field.

The event also included a curated scientific programme, developed by the scientific committee, that drew participation from delegates nationwide. The congress aimed to unite dental experts, researchers, and students to discuss the latest trends, techniques, and research in dental science, according to PADS spokesperson Dr Yumna Zubair.

The first day featured scientific sessions led by key figures in the field, including Dr Zafar Abbas, CEO of the Royal Academy of Facial Aesthetics, and Dr Robia Ghafoor, a specialist in restorative dentistry. Participants engaged in hands-on workshops on topics like CBCT technology, led by Dr Hassan Mehdi, and

*Continued on page 11*

## 10th PAO moot set to unveil global orthodontic perspectives

KARACHI: The 10th PAO Conference 2024, themed "Smile Beyond Borders: Global Orthodontic Perspectives" is scheduled for November 16th and 17th at the Rashid Latif Medical Complex in Lahore.

The Pakistan Association of Orthodontists (PAO) has announced that its flagship two-day event will be a key gathering for the dental community featuring continuing education sessions, keynote presentations by leading experts, hands-on workshops, and a poster competition. Attendees will also have access to networking opportunities and an exhibit area showcasing the latest advancements in dental technology.



Dr Ahmad Shamim Qureshi, General Secretary of PAO, told Dental News that this year's conference will feature world-class educational sessions and include both renowned national and international speakers. "The 10th PAO Conference will unite orthodontists and dental professionals from around the globe, providing an exceptional platform for professional growth, networking, and collaboration," he stated.

Dr Qureshi further highlighted that participants can benefit from exclusive early bird registration discounts. "Whether your goal is to expand your professional network or stay abreast of cutting-edge trends, the 10th PAO Conference 2024 offers valuable opportunities for dental practices of all sizes. Don't miss this chance to advance your career and enhance your practice," says Dr Qureshi.

Dental News is the official media partner for 10th PAO Conference 2024. –PR

# ZCD tooth carving contest shows students' talent



Capturing a memorable moment at the Tooth Carving Competition with the participants and Professor Dr Wahab Buksh Kadri, Principal of Ziauddin College of Dentistry. A celebration of skill, creativity, and passion in dentistry. –Photo: DT Pakistan

KARACHI: The Ziauddin College of Dentistry's oral biology department recently held its first-ever Tooth Carving Competition, participated by first-year dental students, demonstrating their skills in dental anatomy and carving precision.

Led by Dr Fizza Saher, Head of the Department, the competition aimed to enhance students' understanding of tooth morphology while developing their manual skills — an essential competency in dentistry.

The participating students were mentored by Dr Hira Batool, Dr Khushbu Lohana, and Dr Naseer Khan, who provided guidance in

honing their techniques.

The panel of judges included Dr Rizwanullah and Head of Oral Biology at the Sindh Institute of Oral Health Sciences, JSMU, and Dr Raima Bashir at Bahria Medical and Dental University.

They assessed the participants based on anatomical accuracy, proportion, and overall craftsmanship, praising the artistry and detail in the carvings.

The competition provided an opportunity for students to translate classroom knowledge into practical application, requiring them to carve detailed replicas of various teeth with a focus on anatomical accuracy.

This hands-on experience tested not only their theoretical understanding but also their practical skills.

Commending the participants, Professor Dr Wahab Buksh Kadri, Principal of Ziauddin College of Dentistry, praised their dedication and encouraged them to continue striving for excellence. Prizes were awarded to the top three performers, alongside certificates and shields for judges and mentors.

The event reflected Ziauddin College of Dentistry's commitment to innovative and engaging educational experiences for its students. –PR

## JSMU PhD candidates successfully defend their synopses

KARACHI: Three Dental Health Sciences PhD candidates from the Jinnah Sindh Medical University (JSMU) successfully presented and defended their PhD synopses at the Sindh Institute of Oral Health Sciences (SIOHS).

The JSMU candidates -- Dr Samira Adnan, Dr Mehwish Khan, and Dr Sibghatullah Khan—presented their synopses before a panel comprising faculty members and research supervisors, including Professor Muhammad Khalil, Professor Syed Yawar Ali Abidi, Professor Irfan Qamruddin, Professor Huma Shareef, Professor Kiran Rafiq, Dr Farah Jawed and Professor Dr Saima Akram Butt from Ziauddin University served as an external reviewer.

The panel gave an overwhelmingly positive feedback, highlighting the potential impact of the candidates' research on the future of dental science.

The innovative research work by the three



Candidates showcased their PhD synopses before an esteemed panel of faculty members and research supervisors, including Professor Muhammad Khalil, Professor Syed Yawar Ali Abidi, Professor Irfan Qamruddin, Professor Huma Shareef, Professor Kiran Rafiq, Dr Farah Jawed, and Professor Dr Saima Akram Butt. An inspiring day of academic excellence. –Photo: DT Pakistan

candidates offers valuable insights promising advancement in dental research at JSMU. –PR

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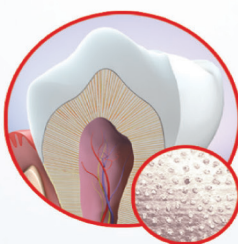
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# LCMD marks Teachers' Day to honour role of faculty members



Professor Dr Navid Rashid Qureshi, Principal of LCMD; H.E. Cemal Sangu, Consul General of Turkey; Dr Rahat Naz; and Dr Azam Khan addressing the audience at the event. –Photo: DT Pakistan

KARACHI: Liaquat College of Medicine and Dentistry (LCMD) recently marked Teachers' Day 2.0, honoring the role of teachers in shaping the students' future.

Consul General of Turkey H.E. Cemal Sangu was the chief guest of the event, along with Dr Rahat Naz, Director of HR and Affiliation at JSMU, and Dr Azam Khan, Registrar of JSMU.

In their speeches, they paid rich tributes to the teachers who made a significant impact on the institution and its students.

The event began with recitation of the Holy Quran by 2nd-year BDS students Shehreyar and Faris, followed by national anthems of Pakistan and Turkey, played symbolizing the unity and

strong bond between the two countries.

Two 2nd-year BDS students, Shaheer Asim and Maheera Junaid, presented a heartfelt poem dedicated to teachers, admiring their role in students personal and academic growth.

On the occasion, the Student Choice Awards, Multidimensional Teacher Evaluation Awards and Star HOD of the Year and Teacher Choice Awards, were announced in recognition of faculty members services and dedication.

Students from each academic year also presented video tributes, appreciating their teachers, followed by presentation of gifts and tokens of appreciation to all teachers,

acknowledging their dedication and hard work.

The event was organized under the leadership of Professor Dr Navid Rashid Qureshi, Principal of the College of Dentistry, who emphasized the critical role of teachers in nurturing future professionals.

The organizing team, led by Chief Organizer Dr Asad Farooq and including Dr Rizwan Hassan, Dr Sabaa Shahid, Dr Asma Shahid, Dr Ayesha Khurram, and Mr. Moiz Majid, worked hard to make the event successful.

The event not only honored the dedication of teachers but also strengthened the sense of community and commitment fostered by LCMD for academic excellence. –PR

## Global initiative honours Pakistani dental researchers

KARACHI: The updated Elsevier Data Repository, in its recently published Science-Wide Author Databases of Standardized Citation Indicators, has acknowledged several Pakistani dental researchers, in both the Career-long and Single Recent Year impact categories.

The Pakistani researchers honoured by this global initiative include Prof Dr Khaled Almas from Imam Abdulrahman Bin Faisal University, Saudi Arabia; Dr Abdul Samad Khan, Professor of Dental Biomaterials at the College of Dentistry, IAU, Dammam, Saudi Arabia; Dr Zohaib Khurshid from King Faisal University, Saudi Arabia; Dr Mohammad Sohail Zafar from Taibah University, Saudi Arabia; Dr Shariq Najeeb from the Schulich School of Medicine & Dentistry, Western University, Canada; Paras Ahmed from the College of Dentistry, University of Saskatchewan, Canada; Zohaib Akram from UWA Dental School, The University of Western Australia, Australia; and Faheem Vohra from King Saud University, Saudi Arabia, among others.

These researchers have been recognized for making significant

contributions to the field of dentistry, with work spanning areas such as salivary research, tissue regeneration, dental biomaterials, periodontics, prosthodontics, implant dentistry, and translational research.

Elsevier's publicly accessible database of top-cited scientists offers standardized citation data, reflecting various authorship positions and a composite indicator known as the c-score. Researchers are categorised into 22 scientific fields and 174 sub-fields, using the Science-Metrix classification system. Only those who have authored at least five papers are considered, and specific percentiles are provided for ranking.

The selection criteria for this prestigious database include the top 100,000 scientists ranked by c-score (both with and without self-citations) or those falling within the top 2pc of their sub-field. The data is sourced from Scopus and was last updated on 1st August 2024. –PR





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# IADSR holds dental implant workshop for GPs

LAHORE: The Institute of Advanced Dental Sciences and Research (IADSR) recently held a one-day workshop on dental implants for general practitioners as part of the curriculum for IADSR's 17th Professional Diploma in Advanced General Dentistry (PDAGD).

The workshop was led by Professor Dr Amin-ur-Rahman, a faculty member from the University of Michigan, Ann Arbor, and the University of North Carolina, Chapel Hill.

Dr Amin-ur-Rahman provided participants with an overview of dental implants, covering the historical context, types of implants, and materials used.

He also discussed the relationship between alveolar bone, teeth, and implants, while outlining key procedures for implant placement.

The workshop emphasized the importance of communication and planning for successful implant procedures.

The participants also had hands-on practice using typodont models, receiving personalized guidance from Dr Amin's team. The workshop ended on a positive note, with participants expressing satisfaction with the training. —PR



Dr Amin-ur-Rahman delivered an overview of dental implants to participants during the workshop. —Photo: DT Pakistan

## JMDC hosts session on AI use in dentistry



Dr Fahad presented valuable insights on AI integration in dental practices to the participants. —Photo: DT Pakistan

KARACHI: Jinnah Medical and Dental College (JMDC) recently hosted a special session on artificial intelligence (AI) in dentistry for students, house officers, and faculty members.

The guest speaker, Dr Fahad, delivered a comprehensive presentation on the AI integration in dental practices, with a focus on diagnostic and investigative procedures, offered practical tips for effective use of software such as ChatGPT.

The session provided the participants with valuable insight about AI's rapid advancement in dentistry worldwide.

The event concluded with Professor Dr Junaid Lakhani, Principal of the dental college, thanking the organisers and the speaker, and presenting a token of appreciation. —PR

## 7th DTMA Exhibition to be held from Nov 29 to Dec 1 in Karachi

KARACHI: The Dental Trade & Manufacturers Association (DTMA) will hold the 7th DTMA Exhibition, the largest dental industry trade fair in Pakistan, from November 29 to December 1, 2024, at Expo Center Karachi.

The event will be a significant platform for dental professionals and companies worldwide, bringing together experts to share insights and explore new opportunities in dental healthcare.

This year's exhibition will feature a diverse lineup of local and international companies, offering participants and exhibitors a unique chance to network and form partnerships.

With over 12,000 visitors expected from across the country, the exhibition will serve as a hub for innovation and knowledge exchange in the dental sector.

DTMA President Ashraf Ghauri expressed excitement about the upcoming event, saying, "The 7th DTMA Exhibition will be the largest trade show in Pakistan's history. With pavilions 4 and 5 fully booked, dental professionals will have an exceptional opportunity to engage with industry leaders and innovators. We look forward to fostering meaningful discussions and showcasing the latest advancements in dental care."

Nasir Feroze, DTMA's General Secretary, commended the efforts of the executive committee in organizing the event, ensuring it will be a valuable experience for the dental community.

The exhibition will feature over 150 stalls, including manufacturers, importers, service providers, and associations directly involved in the dental industry. Participants can look forward to a wide range of the latest dental technologies and products.



# Dentech Asia explores new vistas in dentistry



Notable speakers delivered insightful presentations at the Dentech Asia Conference held at the Expo Centre Karachi. —Photo: DT Pakistan

KARACHI: The 21st Health Asia International Exhibition and Conference at the Expo Centre Karachi also featured "Dentech Asia" that provided an opportunity to dental professionals to explore the latest advancements in the field by attending expert lectures, live demonstrations, and in-depth discussions and improve dental practices and patient care.

Dr Ambreen Afzal from the Academy of Implant Dentistry and Maxillofacial Surgery (AIDM) led a key session on modern orthodontics, focusing on practical solutions for crowding and space management using implants to ensure long-term stability.

Other notable speakers, including Dr Junaid Lakhani, Principal of Jinnah Medical and Dental College (JMDC), and Dr Abbas Khan, provided insights into the latest developments in dental aligners and contemporary orthodontic practices, equipping participants with practical knowledge to implement in their clinics.

A session chaired by Dr Navid Rashid, Principal of Liaquat College of Medicine and Dentistry (LCMD), and coordinated by Professor Dr Uzma Zeeraf, concentrated on endodontic innovations. Discussions highlighted pediatric treatment strategies and

the use of exosomes in tissue regeneration, with presentations from Professor Dr Syed Abrar of Hamdard Dental College and Dr Sahar Khan, a specialist in dental aesthetics, receiving particular praise.

The symposium also included sessions on implants and aesthetic dentistry. Professor Dr Feroze Ali Kalhoro, Dean of Liaquat University of Medical and Health Sciences (LUMHS). Dr Feroze Jahangir led a discussion on dental trauma management, emphasizing advanced techniques involving CBCT diagnostics, computer-assisted implants, and soft tissue reconstruction.

Dr Meisha Gul from Baqai University Dental College (BUDC) and Dr Tauseef Ahmed, President of the All Alumni Chapter, Pakistan, underscored the importance of precision in modern implant procedures and trauma care.

Sessions on comprehensive orthodontic and endodontic care, chaired by Dr Anwar Ahmed, Principal of Dow International Dental College (DIKIOHS), and Dr Khurram Parvez, Vice Principal of DIKIOHS, explored practical applications and collaborative approaches to foster a sense of community among dental professionals.

Aesthetic dentistry was another focal point,

with a session led by Professor Dr Aqeel Ahmed Shaikh, former Principal of Karachi Medical and Dental College (KMDC), and Dr Sana Adeel. The discussion centred on enhancing both the appearance and functionality of dental restorations, with Professor Shaikh stressing the integration of form, function, and visual appeal to achieve harmony in dental aesthetics.

The event concluded with a presentation by Dr Jahenzaib Memon from LUMHS, who shared advanced techniques in endodontics and composites, particularly in posterior biometric restoration. Dr Ambreen Afzal, CEO of Saha and Director of Stem Cells R3, highlighted emerging innovations in dentistry, including the global significance of exosome technology.

Kicking off the conference, Dr Saad, a laser dentistry expert with a Master's in Laser Dentistry from Germany, delivered an inspiring talk on the transformative role of laser technology in modern dental practices.

His presentation covered safety protocols and various laser applications in soft tissue and surgical procedures, with a live demonstration showcasing the precision and minimal bleeding of laser incision techniques. —PR



# Women leading Pakistan's dentistry revolution

By Dr Kainat Batool

Over the past few decades, Pakistan's dental profession has undergone remarkable growth, with women driving this transformation despite gender bias and cultural constraints. Female dental professionals are not only overcoming barriers but are also reshaping oral healthcare, bringing fresh perspectives and accelerating the industry's development.

Traditionally, cultural norms have restricted women's career choices, presenting a significant challenge for aspiring female dentists. However, greater access to higher education and increased awareness of medical careers have inspired many women to pursue dentistry.

These trailblazers are more than just skilled practitioners; they are role models, showing younger generations that longstanding obstacles can be surmounted. Their resilience is a testament to the profound impact they have on communities and future healthcare professionals.

Women in dentistry are making significant contributions across public and private sectors. From establishing clinics to engaging in research and academia, they play a crucial role in expanding access to oral healthcare countrywide, especially in rural areas, where healthcare facilities are often scarce. The presence of female dentists encourages more women to seek treatment, thereby creating a more inclusive healthcare environment.



Creative DT Pakistan

An encouraging trend is the rise of women specializing in postgraduate dental programs, entering fields such as orthodontics, prosthodontics, and oral surgery—traditionally dominated by men. As these women ascend to leadership positions, they bring diversity and innovation to these specialties.

Nevertheless, female dentists face ongoing challenges, including gender-based discrimination and the struggle to balance career demands with family responsibilities in a male-dominated field. Despite these hurdles,

their determination is leading to a growing number of female leaders in dental associations and educational institutions across the country.

As more women enter the profession and assume leadership roles, they are shaping a future where dentistry in Pakistan is more diverse and inclusive. Their contributions are essential for evolving oral healthcare to meet the needs of a changing society. By breaking barriers and setting new standards, women in dentistry are paving the way for future generations.

## USPOT recognizes dental gadget invented by Pakistani researchers

KARACHI: A dental gadget -- Gingival Crevicular Fluid Absorbing Brush -- invented by a team of Saudi Arabia-based dental researchers, led by Dr Zohaib Khurshid of King Faisal University, has been officially recognised by the United States Patent and Trademark Office (USPTO).

The device facilitates non-invasive collection of gingival crevicular fluid (GCF), a key component in identifying biomarkers related to periodontitis, a serious gum disease that can lead to tooth loss.

Dr Khurshid, who has specialized in dental proteomics and biomaterials, spearheaded the development of the gadget in collaboration with international experts from Saudi Arabia, Pakistan, and Canada. He continues to mentor dental students in Pakistan, providing remote support for their master's and PhD research.

Key collaborators include Professor Syed Akhtar Bokhari (Dental Public Health, King Faisal



Dr Zohaib Khurshid proudly stands with the Pakistani flag as he is officially recognized by the United States Patent and Trademark Office (USPTO). —Photo: DT Pakistan

University, KSA), Professor Muhammad Sohail Zafar (Dental Biomaterials and Restorative Dentistry, Taibah University, KSA), Dr Syed Faraz Moin (Protein Chemist, University of Karachi, Pakistan) and Dr Shariq Najeeb (Dental Biomaterials and Evidence-Based Dentistry, University of Ottawa, Canada)

The team acknowledged the Deanship of Scientific Research at King Faisal University for its support in advancing the tool, which bridges the gap between research and clinical application, contributing significantly to biomedical research.

Dr Khurshid has also been recognised for his contributions in various dental fields. In 2020 and 2021, he was named among the top 2pc of researchers worldwide, as compiled by a team of Stanford University researchers. This prestigious list was based on factors such as citation metrics, h-index, and co-authorship adjusted hm-index. —PR



# FDI launches oral health fact sheets for dentists



Creative DT Pakistan

GENEVA: The FDI World Dental Federation has announced the launch of a series of oral health fact sheets designed to empower healthcare professionals with essential knowledge and practical skills for integrating oral healthcare into their routine practices.

Developed as part of the Educational Module for Healthcare Professionals project with support from Haleon, these fact sheets aim to serve as valuable educational resources to broaden access to oral health services worldwide.

Oral diseases, many of which are preventable through simple and evidence-based interventions, continue to affect millions globally. A

critical shortage of dentists, especially in underserved and marginalised communities, hampers the provision of necessary oral care. To address this gap, FDI acknowledges the importance of engaging the broader healthcare workforce in the prevention and control of oral diseases.

An FDI spokesperson said: "By adopting a whole-team approach to health, involving various healthcare providers in the promotion and delivery of oral care, we can significantly improve access to essential services," terming it especially crucial in areas facing shortage of dental professionals.

The series comprises 16 fact sheets, each designed

to equip healthcare providers with the basic knowledge and skills needed to incorporate oral healthcare into their patient care routines. The first five fact sheets are currently available on the FDI website, while the remaining sheets will be released in the coming months.

These resources aim to encourage inter-professional collaboration, employing a common risk factor approach to enhance overall health outcomes.

Endorsed by various health organisations, the fact sheets reflect FDI's commitment to making oral health an integral part of comprehensive healthcare.

## BADC team conducts oral health public survey

LARKANA: A team from the Bibi Aseefa Dental College (BADC), Larkana, led a Basic Oral Health Survey in a local market to assess the community's oral health using dental instruments and the World Health Organization's oral screening survey form.

The survey, led by Dr Abdul Bari Memon, Associate Professor and Chairperson of the BADC Department of Community Dentistry helped identify and address oral health challenges faced by the local population.

By engaging with the community, valuable data was gathered that will help form future health strategies and design interventions. The initiative also highlighted prevalent oral health issues, for targeted public health campaigns and educational efforts.

BDS students from all academic years played a significant role in the survey's success. Their active involvement not only ensured thorough screenings but also helped raise awareness by educating the community on the importance of good oral hygiene.

Dr Bari thanked Prof Dr Qaimuddin Shaikh, Principal of BADC, for his support and guidance for the project and lauded Mr Jibran Zafar, the transport officer, for arranging transportation at a short notice, which facilitated the smooth running of the survey.

He said this survey is an important step towards creating oral health awareness and providing dental care within the community. The collected data will serve as a foundation for future research and public health initiatives, Dr Bari said appreciating the contributions of the students in making such impactful effort. —PR

## CMH team visits SKMCH paediatric ward

LAHORE: Patient Welfare Society from the Institute of Dentistry, CMH Lahore Medical College, recently organised a visit to the paediatric ward at Shaikat Khanum Memorial Cancer Hospital (SKMCH) to promote dental health among children.

Led by Staff President Prof Dr Arham Chohan, the CMH team comprising house officers and dental students aimed to spread smiles while raising awareness about dental hygiene among the young patients.

The team conducted engaging and educational activities for the children, including interactive demonstrations, on the basics of proper brushing and flossing, highlighting the significance of maintaining strong teeth and healthy gums.

The children enthusiastically participated, learning valuable dental care tips in a fun and engaging way.

Each child was given a goody bag containing dental care essentials, toys, and educational materials. This initiative showcases the power of collective efforts in improving community health. Whether through volunteerism, donations, or awareness campaigns, such programmes are vital for promoting better oral health for a brighter future for underprivileged children. —PR