International Association of Dental Students

IADS MAGAZINE

June 2023

69TH MID-YEAR MEETING REPORT

MY EXPERIENCE IN **TUNISIA**: *CLINICAL EXCHANGE PROGRAM*

INTERNATIONAL DENTAL COURSE PROGRAM: **CZECH REPUBLIC**

FORENSIC ODONTOLOGY: INTRODUCTION

ORTHOGNATIC SURGERY

TIPS AND TRICKS FOR MENTAL HEALTH

BITING BACK AT TOOTH LOSS: A DEEP DIVE INTO **SHARK-INSPIRED REGENERATION**

EXTRACTING EVIL SPIRITS: **DENTISTRY IN MESOPOTAMIA**

FOGGY RISKS: THE HIDDEN ORAL HEALTH DANGERS OF VAPING

HALL of FAME

"IADS **OPENED** MY MIND

DR. ELISABETTA COTTI, IADS ALUMNI

COUNTRY PROFILE: **E G Y P T**

Letter FROM THE **PRESIDENT**

Dear reader,

Dear IADS Magazine readers, IADS member students and fellow young dentists,

I cordially invite you on the enthralling read that is this second edition of the IADS Magazine for the 2022/23 term.

I applaud the zealous work of our Editorial Board, be it their assorted topic selection or the beautifully crafted designs, culminating in this fruition under the diligent leadership of our Vice President of Public Relations, Dr. Kristīne Romanovska.

As you go through the magazine, you'll notice that this array of topics is the perfect amalgamation of the antique and the modern, infused with knowledge and amusement; where we made sure you didn't miss out on the inside scoop of our latest congress experience in Northern Cyprus MYM nor our various programs worldwide - exchanges, oral health campagins, research and what not!

Diving into this experience, you'll get to learn about the ancient roots of our profession in our newest section *Dental Museum*, most recent developments in contemporary topics, tap into your self-awareness with IADS Lite and get inspired by the wisdom and wordly knowledge of Dr. Elisabetta Cotti, our esteemed IADS Alumni bringing IADS stories from the 1980s!

To heed Dr. Cotti's advice of taking a chance at all opportunities in life, don't miss out on this indispensable read whether you're on your way to your vacation destination or already under some splendid sun!

Always looking forward to meeting you in upcoming IADS events!

DR. **LAMIS ELSHEIKH**
IADS PRESIDENT 2022/2023

Letter FROM THE VICE PRESIDENT OF **PUBLIC RELATIONS**

Dear reader,

With the great pride I present you the second issue of IADS Magazine of 2023.
I am proud of this final result we have achieved and it would not be possible without the IADS Editorial Board.

For this issue the Magazine team did a great job in bringing up the most interesting, diverse topics in dentistry: from history to nowadays.

In the IADS Experience section you will find engaging stories from our projects. Inspiring articles that will make you want to become part of IADS family in the nearest future, no doubt in that!

I am glad to announce the newest section called *Dental Museum,* where you will be able to loearn more about the development of the field of densitry throughout the centuries.

In this issue we are continuing to inspire our students and bring interesting personalities. Dr. Elisabetta Cotti served in IADS in the 1980s and still has warm memories about the organization, as well as strongly encourages students to take every opportunity thay comes your way!

I would like to say thank you to every Editorial Board meber and espacially the Magazine team for their hard work and contribution in making this issue!

Have a pleasant reading, see you soon in IADS events!

DR. **KRISTĪNE ROMANOVSKA**
VICE PRESIDENT OF
PUBLIC RELATIONS 2022/2023

02 Letter from the President

03 Letter from the VPPR

04 Table of Contents

06 Executive Committee

07 Standing Committee Chairpersons

08 Regional Ambassadors

09 Editorial Board

11 Mid-Year Meeting repo 2023

14 Tunisia Exchange Program

16 IDCP Czech Republic

table of CONTENTS

18 Country Profile: Egypt

20 Biomimetic Dentistry

22 Orthognatic Surgery

24 Elisabetta Cotti: IADS Stories

28 Forensic Odontology

30 Vaping on Oral Health

32 Extracting Evil spirits in Mesopotamia

34 Tips and tricks for Dental School

Executive COMMITTEE 2022/2023

DR. LAMIS **ELSHEIKH**
IADS
President

DENIZ DEVRIM **KAYA**
VICE PRESIDENT OF
Internal Affairs

DR. KRISTĪNE **ROMANOVSKA**
VICE PRESIDENT OF
Public Relations

DR. MARIAM **ELAHMADY**
VICE PRESIDENT OF
Science and Research

ABAY **KALYMTAY**
VICE PRESIDENT OF
Finances

KSENIIA **RUSAKOVA**
VICE PRESIDENT OF
Exchanges

Standing COMMITTEE CHAIRPERSONS 2022/2023

MERYEM **LAHLOU**

Public Health COMMITTEE CHAIRPERSON

ZEINAB **HUSSEIN**

Training COMMITTEE CHAIRPERSON

MARIA TERESA MATUTE **TELLO**

Voluntary COMMITTEE CHAIRPERSON

Regional AMBASSADORS 2022/2023

JUAN FERNANDO **MORALES**
Americas

ANNA **PAKHUTA**
Europe

TASNIM **MUHSSIN**
Middle East

YOUSSEF **KHATTAB**
Africa

VIANDRA **TJOKROADIREDJO**
Asia-Pacific

Editorial BOARD 2022/2023

DR. KRISTĪNE **ROMANOVSKA**
VICE PRESIDENT OF
PUBLIC RELATIONS

SALEM W. **SHURRAB**
LIAISON OFFICER OF THE
EDITORIAL BOARD

Magazine team

QUDSIA **KHAN**

DİLARA **KILIC**

PEDRO IVO
TAVARES TRINIDADE

MAYAR **EL-SAYED**

ABDULLAH
MUNQITH ALZUBAIDI

İLAYDA
SÜRÜCÜ

LAURA **CORREIA**

İPEK
ÇELENLIOĞLU

SHUBHAN **GANDHI**

MARIAM **SALMAN**

MAY **FIROOZMAND**

Design team

FATIMA ANWAR
ELSIDDIG

ALAMIR
NOURALDEEN
ELGIZOULI

MAHMUD **SALAH**

ÇISENUR
KASAPOĞLU

UNAIZA **MALIK**