

# DENTAL TRIBUNE

The World's Dental Newspaper • Pakistan Edition



PUBLISHED IN PAKISTAN

pk.dental-tribune.com

MAR-APR 2022 - Issue No. 02 Vol.9



*PMC on the ropes: Will it survive the change of government?*

NEWS

► Page 2



*Colgate, Nourished to release 3D-printed vitamin supplements*

NEWS

► Page 12



*FDI cancels this year's World Dental Congress*

NEWS

► Page 12

## 43<sup>RD</sup> ASIA PACIFIC DENTAL CONGRESS

# Pakistan all set to host APDC on June 22-26

*DT Pakistan Report*

**K**ARACHI - After a gap of 17 years, Asia-Pacific Dental Federation (APDF) has allotted its flagship 43rd Annual Conference to Pakistan. More than 30 countries representing APDF will be participating in this conference. APDC Pakistan 2022 will be a Virtual Conference. Pakistan received its last APDC in 2006.

Pakistan Dental Association (PDA) will host the Virtual 43rd Asia-Pacific Dental Congress (APDC) from June 22-26, 2022. Sixty-four renowned International speakers from 18 Countries will be giving presentations. Dental News is the exclusive media partner of the event.

The local organising committee consists of Dr Mahmood Shah (Patron), Prof. Ambreen Ahsan Afzal (Chairperson Conference), Prof. Syed Shah Faisal (Co-Chairman Conference), Prof. Nasir Ali Khan (Chairman Registration and Secretary Conference), Dr Murtaza Raza Kazmi

(Chairman Scientific), Prof. Hasan Mehdi (Chairman Virtual Affairs), Dr Anwar Saeed (Chairman Sponsorships), Dr Ghulam Ali Siyal (Chairman Finance), Dr Summaiya Rehman (Chairperson

registration fee of Rs 2,000. There will also be quiz and poster competitions for dental students and young dentists. The winners will be acknowledged by APDF.

There is a limited number of



Photo: DT Pakistan

Coordination).

APDF will issue the Certificate of Attendance to the registered participants with 18 CDE points given by the International College of Dentists (ICD).

Pakistani dentists and students are eligible for a subsidised

registrations for Pakistan on a first-come, first-serve basis.

For Conference Registration, please contact Prof Nasir Ali Khan-0300 2696988 or Dr Summaiya Rehman-0300 3597629.

For speakers and program details, visit the APDC website.

## Over 70 pc of foreign medical, dental graduates fail Pakistan's license exam

*DT Pakistan Report*

**I**SLAMABAD - Pakistan Medical Commission (PMC) recently released the summary report of medical and dental students' National Licensing Examination (NLE) held in March 2022.

The commission conducted the NLE Step-I exams in March 2022 and declared the final result in April.

According to the report, 82.82 per cent of Pakistan's medical graduates who appeared in



Photo: DT Pakistan

the exam cleared the NLE, whereas only 12.67 per cent of foreign medical graduates who appeared in the exam were declared successful.

On the other hand, 64.15 per cent of national dental graduates seated for the exam passed the NLE. However, the result for foreign dental graduates remained at 29.17 per cent.

Recently the PMC spokesperson stated that, due to a lack of resources, hospitals, language barriers, and a shortage of patients and beds, a number of foreign medical and dental institutes awarded degrees without a house job or providing any practical clinical experience, which he asserted was one of the main reasons for foreign graduates' low pass percentage in the NLE exams.

PMC has performed NLE twice in order to grant licences to interested international graduates, according to the spokesperson. He maintained that the purpose of conducting NLEs for foreign graduates also was to assess their intellectual and practical abilities before granting them a licence. PMC is working not just to improve the quality of healthcare standards but also to protect patients' rights, he added.

# PMC on the ropes: Will it survive the change of government?

*DT Pakistan Report*

**I**SLAMABAD - The Islamabad High Court (IHC) suspended the single bench judgement and restored PMC President Dr Arshad Taqi, Vice President Mohammad Ali Raza, members Roshanay Zafar, Tariq Ahmed Khan, Dr Rumina Hassan, Dr Asif Loya and Dr Anisur Rehman who were earlier shown the door.

Earlier, Justice Mohsin Akhtar Kayani of the IHC declared the appointment of all members of the Pakistan Medical Commission (PMC), including its president, illegal. As per the case's background, the legislature passed the Pakistan Medical Commission Act 2020 on Sept 23, 2020. After two days, the then-prime minister appointed the members of the council by a notification, bypassing the protocol and selection criteria.

After that, PMC filed the intra-court appeal. Justice Aamer Farooq and Justice Sardar Ejaz Ishaq Khan suspended the section of the single-member bench's judgement to disband the PMC council members while hearing the matter.

PMC is led by its Vice President, Mohammad Ali Raza, and the president is not more than a ceremonial head. It is also being considered by the newly-formed federal government to revert Pakistan Medical Commission to Pakistan Medical and Dental Council (PMDC)



Photo: DT Pakistan

The Sindh government reduced the passing marks for the MDCAT; many colleges admitted students on this premise, but later PMC refused, and Supreme Court upheld its decision. The changes are expected after the approval of the federal cabinet. The Pakistan Medical Association

and also restore the Federal Higher Education Commission to its original structure.

Sindh government, led by Pakistan People's Party, was always in favour of PMDC and even challenged PMC openly during the Medical and Dental College Admission Test (MDCAT).

(PMA) Lahore has demanded immediate restoration of the PMDC as an independent, autonomous democratic and transparent body.

PMA Lahore office-bearers, in an emergent meeting, expressed hope that the new government will immediately revoke the controversial PMC Act 2020 and restore PMDC.

## PMC warns students seeking admission to foreign colleges

*DT Pakistan Report*

**I**SLAMABAD - While 30,000 students attempt to get admission to foreign medical and dental schools each year, the Pakistan Medical Commission (PMC) has issued a warning to students about the use of informal agents.

The idea was made in light of the fact that over 80 per cent of foreign graduates failed the National Licensing Examination (NLE).

PMC warns youngsters not to be fooled by informal agents. PMC spokesperson said in a statement, "In the last two NLE exams for foreign graduates, nearly 2,344 students appeared, and out of those, only 424 students could pass the NLE exam. The low passing percentage is merely due to the wrong selection of medical and dental colleges by the students chasing cheap foreign education, getting influenced by informal agents who directly are responsible for putting their educational carrier at stake for the sake of money, and going to non-verified, substandard educational institutes."

He also stated that, due to a lack of resources, hospitals, language barriers, and a shortage of patients and beds, a number of foreign medical and dental institutes awarded degrees without a house job or providing any practical clinical experience, which he asserted was one of the main reasons for foreign graduates' low pass percentage in the NLE exams.

He added that all those foreign graduates who complete their respective degrees with house jobs or practical clinical experience easily passed the NLE exams.



Photo: DT Pakistan



**DENTAL TRIBUNE**

The World's Dental Newspaper - Pakistan Edition

**Publisher and CEO**

Syed Hashim A. Hasan

hashim@dental-tribune.com.pk

**Editor Clinical Research**

Dr. Inayatullah Padhiar

**Editors Research & Public Health**

Prof. Dr. Ayyaz Ali Khan

**Editor - Online**

Haseeb Uddin

**Designing & Layout**

Sheikh M. Sadiq Ali

**Dental Tribune Pakistan**

3rd floor, Mahmood Centre, BC-11,

Block-9, Clifton, Karachi, Pakistan.

Tel.: +92 21 35378440-2

Fax: +92 21 35836940

www.dental-tribune.com.pk

info@dental-tribune.com.pk

Dental Tribune Pakistan cannot assume responsibility for the validity of product claims or for typographical errors. The publisher also does not assume responsibility for product names or statements made by advertisers. Opinions expressed by authors are their own and may not reflect of **Dental Tribune Pakistan**.

**International Headquarters**

Publisher and Chief Executive Officer

**Torsten R. Oemus**

Chief Content Officer

**Claudia Duschek**

**Dental Tribune International GmbH**

Holbeinstr. 29, 04229 Leipzig, Germany

Tel.: +49 341 48 474 302

Fax: +49 341 48 474 173

**General requests:**

info@dental-tribune.com

**Sales requests:**

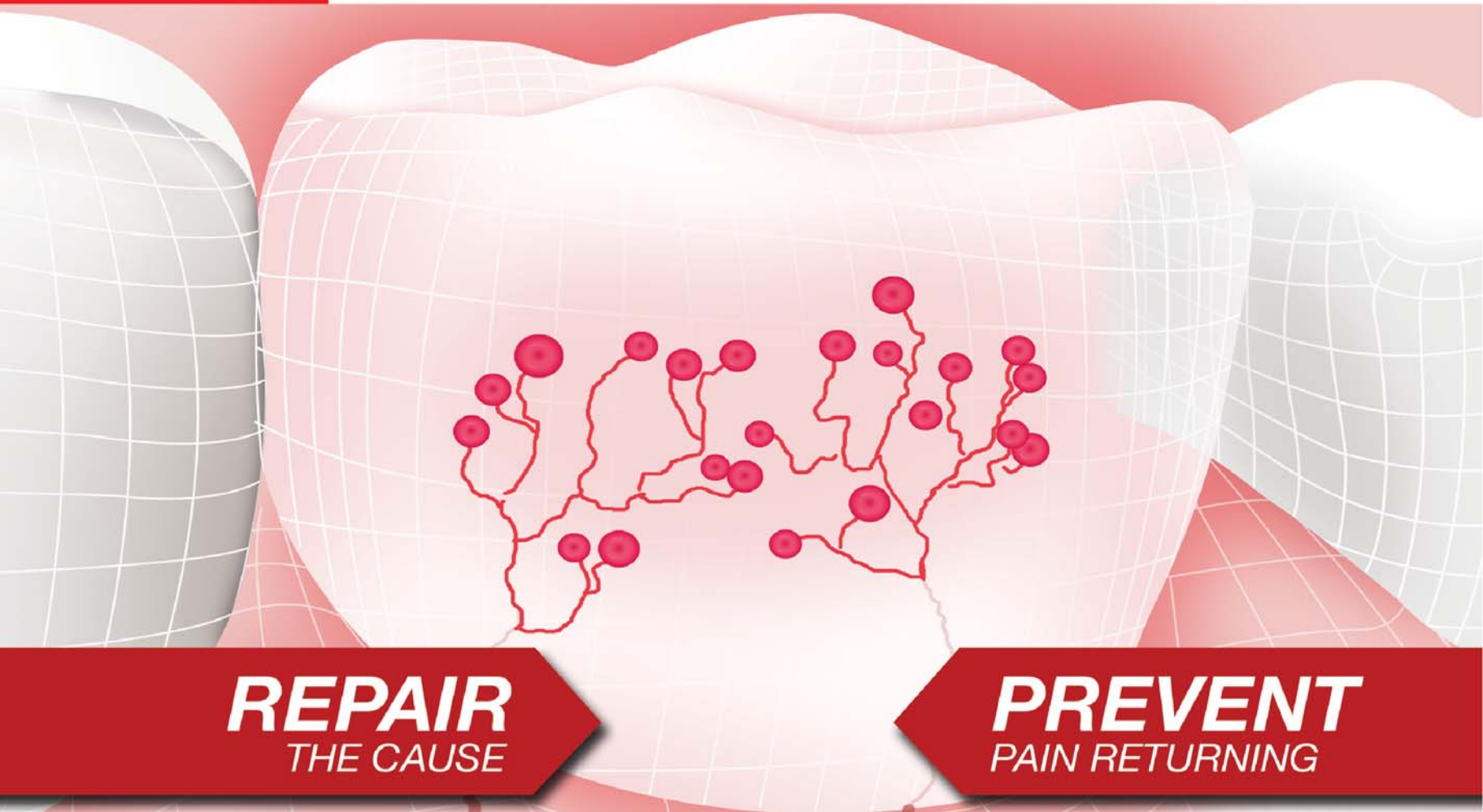
mediasales@dental-tribune.com

www.dental-tribune.com

Material from Dental Tribune International GmbH that has been reprinted or translated and reprinted in this issue is copyrighted by Dental Tribune International GmbH. Such material must be published with the permission of Dental Tribune International GmbH. *Dental Tribune* is a trademark of Dental Tribune International GmbH.

All rights reserved. © 2022 Dental Tribune International GmbH. Reproduction in any manner in any language, in whole or in part, without the prior written permission of Dental Tribune International GmbH is expressly prohibited.

Dental Tribune International GmbH makes every effort to report clinical information and manufacturers' product news accurately but cannot assume responsibility for the validity of product claims or for typographical errors. The publisher also does not assume responsibility for product names, claims or statements made by advertisers. Opinions expressed by authors are their own and may not reflect those of Dental Tribune International GmbH.



**REPAIR**  
THE CAUSE

**PREVENT**  
PAIN RETURNING

THERE'S A BETTER WAY TO TREAT  
**SENSITIVE TEETH.** ¥

**REPAIR**

Forms a calcium-rich layer and helps repair<sup>†</sup> sensitive areas of teeth for instant and superior relief<sup>¥, 1-3</sup>



**PREVENT**

Regular use helps strengthen gums and provides lasting protection to prevent further tooth sensitivity

TREATING SENSITIVE TEETH:  
**A SIDE BY SIDE COMPARISON**

	COLGATE® SENSITIVE PRO-RELIEF™ TOOTH PASTE	ORDINARY SENSITIVITY TOOTH PASTES
<b>TECHNOLOGY PLATFORM</b>	<b>PRO-ARGIN™</b>	<b>POTASSIUM NITRATE</b>
Helps repair sensitive areas of teeth <sup>†</sup> arginine and calcium formulation	✓	
Clinically proven instant and superior sensitivity relief <sup>¥, 2-5</sup>	✓	
Acid-resistant occluding layer <sup>6</sup>	✓	
Relieves the pain of sensitive teeth <sup>†</sup>	✓	✓
Inhibits Plaque and Calculus Buildup	✓	



With continued use. Also helps soothe irritated gums. For instant relief, apply directly to the sensitive tooth and gently massage for 1 minute. ¥ In combination with 2% potassium nitrate. For instant relief, apply directly to the sensitive tooth and gently massage for 1 minute. Reference: 1. Liu Y et al. J Clin Dent. 2011; 25(6): 15-17. 2. Namous S et al. J Clin Dent. 2009; 23(5): 10-12. 3. Liu Y et al. J Clin Dent. 2011; 25(6): 15-17. 4. Namous S et al. J Clin Dent. 2009; 23(5): 10-12. 5. Namous S et al. J Clin Dent. 2009; 23(5): 10-12. 6. Namous S et al. J Clin Dent. 2009; 23(5): 10-12.

# 100 years of IDS: World's leading dental trade fair to mark anniversary in 2023

DT Pakistan Report

**C**OLOGNE, Germany - The world's largest dental trade expo layout will begin after the application deadline on March 31, 2022.

Next year, IDS, the world's largest dental trade show, will celebrate two milestone anniversaries: The International Dental Show will stage its fortieth edition from March 14 to March 18, 2023, but it will also celebrate its 100th birthday. Because the main trade fair is

for a consistent and open comparison of performance in the sense of the Olympic principle and last, but not least, for a leadership claim as the largest international industry platform that has been repeatedly confirmed for

received numerous stand area inquiries from companies in the run-up to the trade fair. The first planning phase will begin after the application deadline on March 31 2022.

Companies that have confirmed their participation by the official application date at the end of March will be directly considered in the initial layout planning of the IDS 2023.

The success story and the anniversary of IDS are also outstanding results for Koelnmesse because the International Dental Show has been conducted at the trade fair location in Cologne for over thirty years. At the time, the Association of German Dental Manufacturers (VDDI) decided to provide IDS with a permanent home in Cologne from 1992 onwards and entrust Koelnmesse with organising the trade fair.

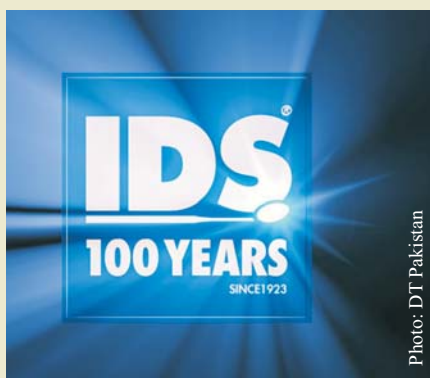


Photo: DT Pakistan

founded on a system of values that makes it distinctive, the success story of the dental industry is inextricably linked with IDS. 100 years of IDS stand for the depiction of the industry in its entirety, for innovations and market trends,

decades. When the online applications kick off in February, the anniversary edition of the world's largest trade fair for dentistry and dental technology will be under starter's orders. Koelnmesse has already

# DTMA en route to be on global dental map

DT Pakistan Report

**K**ARACHI - With the change of guard at the Dental Trade and Manufacturers' Association (DTMA), the association is now all-inclusive, with almost 200 members in its fold.

DTMA, under the stewardship of its President, Ashraf Ghauri, has now signed up with world-famous dental exhibitions, including AEEDC, IDS and Greater New York Dental Meeting, with more to follow suit. As part of this understanding, DTMA recently exhibited at AEEDC, and in the next event of DTMA, the organizers of the above events will also

be having their stalls. As part of the new restructuring, DTMA has Vice - Presidents in all the provinces and one in Islamabad who will work towards making DTMA a true representative of the entire Dental traders and manufacturers. DTMA is now planning more international alliances to put DTMA on the global dental map. -PR



Photos: DT Pakistan



# President PDA attends FDI Public Health Committee meeting

**G**ENEVA - Dr Mahmood Shah, President, Pakistan Dental Association (PDA), attended the FDI Public Health Committee meeting in Geneva, Switzerland.

Last year, Dr Mahmood Shah was elected to the Public Health Committee of the FDI World Dental Federation during FDI Virtual Dental Congress held in Sydney, Australia. He is the first Pakistani dentist to be elected a member of the important FDI Public Health Committee. -PR



Photos: DT Pakistan



Dr Mahmood Shah, President of Pakistan Dental Association and Dr Mahesh Verma, Past President of Indian Dental Association, pointing their countries on the FDI map of 200 member countries.

Dr Mahmood Shah, President of Pakistan Dental Association and Prof SM Balaji, renowned Indian maxillofacial surgeon



# IADSR to launch Health Services Academy courses



**I**SLAMABAD - The Health Services Academy (HSA), Islamabad, has recently approved the Institute of Advanced Dental Sciences & Research (IADSR) as its delivery partner for courses in dentistry.

Prof. Dr Shahzad Ali Khan, Vice-Chancellor and Dean, HSA, Islamabad, and Prof. Ayyaz Ali Khan, Dean IADSR, signed an agreement of this effect.

On occasion, Prof. Dr Mubashir Hanif, Director ORIC and Controller Examination, HSA, Islamabad, was also present. -PR



# SENSODYNE

## Repair & Protect

The benefits of **NovaMin®** technology and **sodium fluoride** in a **single formulation**

**With twice-daily brushing, it can:**

- Create an even harder reparative<sup>†</sup> hydroxyapatite-like layer over the exposed dentine<sup>\*1-7</sup>
- Continually protect your patients from dentine hypersensitivity<sup>\*\*</sup>
  - Sensitivity relief can start from week 1<sup>8</sup>, and is still making a difference to patients' lives after 6 months of daily use<sup>9</sup>



**NO.1 DENTIST RECOMMENDED BRAND FOR SENSITIVE TEETH IN PAKISTAN<sup>10</sup>**

<sup>†</sup>Forms a protective layer over the sensitive area of the teeth. Brush twice a day for lasting sensitivity protection. <sup>\*</sup>vs. Previously marketed formulation. <sup>\*\*</sup>With twice-daily brushing.  
**References:** 1. Greenspan DC et al. J Clin Dent 2010; 21: 61-65. 2. La Torre G and Greenspan DC. J Clin Dent 2010; 21(3): 72-76. 3. Earl JS et al. J Clin Dent 2011; 22(3): 62-67.  
4. Parkinson CR et al. J Clin Dent 2011; 22(3): 74-81. 5. GSK Data on File, ML498. 6. GSK Data on File, ML584. 7. GSK Data on File, ML589. 8. GSK Data on File, RH01422.  
9. GSK Data on File, RH01897. 10. GSKCH Dentist Survey 2019. Date of preparation: February 2022. PM-PK-SENO-22-00007.

ALWAYS FOLLOW THE LABEL PRIOR TO USE  
<sup>\*</sup>Brush twice a day and not more than 3 times, minimize swallowing and spit out. If irritation occurs, discontinue use.

## AKUH conducts workshop on advances in rotary endodontics

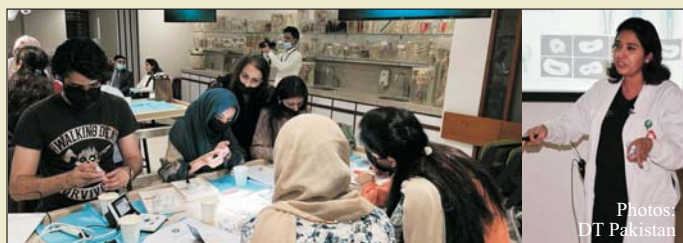
**K**ARACHI - The Section of Dentistry, Agha Khan University Hospital, Karachi, recently organised a workshop on Advances in Rotary Endodontics in collaboration with the Pakistan Association of Operative Dentistry and Endodontics (PAODE).

The undergraduate dental students, house officers, postgraduate residents and general dental practitioners from different institutions attended the workshop.

Renowned clinicians from different academic institutions, including Dr Zahid Iqbal, Dr Arshad Hasan, Dr Javeria Ali Khan, Dr Haroon Ashraf, Dr Farah Saeed, Dr Farah Naz and Dr Kamil Zafar, attended the workshop as guest speakers.

The workshop aimed to familiarise the participants with recent technological advancements in rotary file systems and their indications in various clinical situations.

Dr Robia Ghafoor, Assistant Professor, AKUH, delivered a comprehensive lecture regarding the evolution and development of nickel-titanium rotary systems until recent



Photos: DT Pakistan

advancements.

Following this, a hands-on workshop session was facilitated by Dr Fahad Umer.



Each participant was allowed to practice on resin blocks and extracted teeth under the

supervision of workshop facilitators.

As the collaborating partner in this workshop, Dr Farhan Raza Khan, General Secretary, PAODE, introduced the participants to the objectives of PAODE and the efforts done to the uplifting of Endodontics in Pakistan.

In the end, Dr Zahid Iqbal, President of PAODE, presented certificates to the guests and participants.

Dentsply sponsored the workshop for the materials. It was successfully managed by a team of residents, including Dr Zainab Haji, Dr Saqib Habib and Dr Aysha Arif leading the workshop preparations. **-PR**



## FJDC participates in Global Scientific Dental Alliance

**K**ARACHI - Fatima Jinnah Dental College participated in the 19th annual meeting of the Global Scientific Dental Alliance (GSDA), held in Dubai in February 2022.

The three-day conference and exhibition, which brought together oral health practitioners and producers from

all over the world, showcased the latest innovative technology and allowed industry companies to form long-term partnerships and joint investments to meet the needs of local, regional, and international markets.

The event attracted 66,000 participants from 155 countries and showcased 4,800 state-of-the-art products.

Prof. Dr Saqib Rashid, Head of Operative Dentistry Department, FJDC, attended the initial meeting virtually. He represented the college and extended prospective research collaborations from FJDC's platform. He highlighted the role of FJDC as an initial and one of the oldest member organisations of GSDA.

Dr Abdul Salam Ali Madani, Executive Chairman of AEEDC Dubai and the GSDA, appreciated the role of FJDC in scientific, medical and educational aspects. He highlighted that FJDC is a regular and active member of GSDA.

The meeting ended on a positive note, with the possibility of holding partnerships in the future. **-PR**



Prof. Dr Saqib Rashid  
HoD, Operative Dentistry,  
FJDC

## Chakwal health district offers free OPG workshop

**C**HAKWAL - CEO Health District Chakwal recently organised a free workshop on Orthopantomogram (OPG) in collaboration with the International College of Dentists (ICD), Islamabad Diagnostic Centre, Pakistan Dental Association (PDA) Chakwal and Distinguish Innovation Collaboration & Entrepreneurship (DICE) foundation.

The dental community from Islamabad, Chakwal and Lahore attended the workshop.

Prof. Dr Arshad Malik, Dean, HBS Dental College, Islamabad, facilitate the full-day workshop. He covered every aspect of OPG, from normal anatomy to pathological lesions.

In the end, District Health Authorities distributed the certificates and shields of honour. **-PR**



## AMDC doctors receive Basic Life Support training

**L**AHORE - The College of Dentistry, Akhtar Saeed Medical and Dental College (AMDC), Lahore, recently organised an international seminar and hands-on workshop on Cardiac First Response [Basic Life Support (BLS)] accredited by National Ambulance Service College (NASC) Ireland for young doctors.

The objective of this seminar/hands-on training workshop was to train young doctors to maintain sufficient blood circulation and breathing through a clear airway until definitive medical treatment. The idea was to sensitise them from the beginning and help



Photos: DT Pakistan

them be aware of dealing with emergencies. Young learners participated with immense zeal & enthusiasm.

All participants learned how to cope with different emergencies situations and are followed by multiple hands-on training workshops on manikins.

Prof. Dr Sabir Hussain, Principal Dental Section, AMDC, Dr Waqar Ali, Assistant Professor,

Department of Oral and Maxillofacial Surgery, AMDC, and Dr Sohail Yasin, Deputy Medical Superintendent, Dental Hospital, AMDC, organised the seminar/hands-on training workshop.

An extensive examination was conducted at the end of each session. Participants who had successfully passed their exams were awarded two years of international accredited BLS certification. **-PR**



# IT'S TIME TO RECOMMEND PARODONTAX TO YOUR PATIENTS



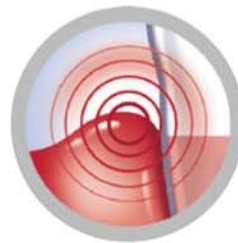
## 4 BENEFITS TO PROMOTE HEALTHY GUMS AND TEETH<sup>1-7</sup>



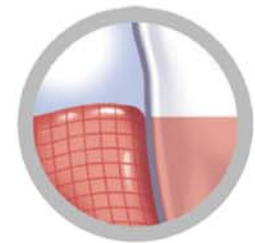
Treats and prevents gingivitis<sup>1-6</sup>



Removes plaque<sup>1,3,7</sup>



Reduces Inflammation<sup>1-5</sup>



Keeps gingival margin tight<sup>3</sup>



**PARODONTAX EXTRA FRESH NOW WITH IMPROVED TASTE THAT RELEASES AN INTENSE BURST OF COOLING FRESHNESS.**

**4x MORE EFFECTIVE VS REGULAR TOOTHPASTE AT REMOVING THE MAIN CAUSE\* OF BLEEDING GUMS**

ALWAYS FOLLOW THE LABEL PRIOR TO USE

\*removal of plaque, after a professional clean and twice daily brushing  
Brush twice a day and not more than 3 times, minimize swallowing and spit out. If irritation occurs, discontinue use. Not suitable for children under 12 years. Keep out of reach of children

**References:**

1. Akwagyriam et al, 2015. 2. Kakar et al, 2014 3. GSK data on file (GCCSS-GH-001 - parodontax complete protection toothpaste). 4. Akwagyriam et al, 2013. 5. Jose et al, 2018. 6. Attin T and Hornecker E, 2005. 7. Williams et al, 1992.

## ZU faculty accomplishes VR Dental Simulation Lab training

**K**ARACHI - The College of Dentistry, Ziauddin University (ZU) recently announced that its faculty's Virtual Reality Dental Simulation Lab training had been completed.

The Virtual Reality Dental Simulation Lab, Ziauddin College of Dentistry, Ziauddin University, was inaugurated on November 25 2021. This VR Lab was built with great support from Dr Asim Hussain, Chancellor, ZU, Dr Abbas Zafar, Dean Faculty of Health Sciences, ZU, Dr

Nida Hussain, Pro-Chancellor, ZU, Dr Mervyn Hosein, Principal College of Dentistry, ZU, Dr Asmat Jameel, Head of Operative Dentistry Department, ZU, Dr Shoaib Khan, Head of Dental Materials Department, ZU, Mr James Markey Global Head of Operations, HRV simulation and Dr Aisha Anwar, Dental OPD manager, ZU.

This is the first time such a lab has been made in Pakistan. Ziauddin College of Dentistry proudly announces the completion of training in the first three

batches. Fifteen faculty members are trained in the VR lab under the supervision of Dr Sikander Majeed, Lecturer VR Lab, Dr Asmat Jameel and Dr Mervyn Hosein. These faculty members have received special training to train further the first, second and third year BDS students. VR simulation training will now be a part of the undergraduate curriculum. This dental simulators training will help students excel in their professional skills before starting dental procedures on patients. **-PR**



Photos: DT Pakistan

## LCMD guides faculty on constructing single-best MCQs

**K**ARACHI - The Department of Health Professions Education (DHPE) of the College of Dentistry (CoD), Liaquat College of Medicine and Dentistry (LCMD), conducted a two-day workshop on "Developing One Best Questions" for basic and clinical BDS departments.

It aimed to guide faculty to improve their skill in constructing BCQs and enhance the process of Q-Bank up-gradation in LCMD-CoD.

Dr Yusra Nasir, Incharge Dental section, DHPE, Dr Sabaa Amir, Lecturer Dental section, DHPE, LCMD and Dr Asma Shahid, Coordinator QEC, LCMD-CoD facilitated the workshop. The workshop was attended by the Head of Departments, assistant professors and lecturers of all basic and clinical BDS departments.



Photos: DT Pakistan

Participants were provided pre-readings from the National Board of Medical Examiners (NBME) guidelines. However, to assess the difficulties participants encounter during construction making, an activity was provided to them as a pre-workshop task. The facilitators instructed the pre-workshop activity to the participants to construct one MCQ as per their expertise.

The workshop's main learning objectives were to enlighten faculty with the structure of BCQ and facilitate them to differentiate between correct and flawed single best-type MCQs and develop one best question according to the Jinnah Sindh Medical University (JSMU) template.

Participants appreciated the DHPE-Dental Section for conducting such a workshop as it clarified the issues they faced while developing BCQs for their respective departments. **-PR**

## BDC organises oral cancer awareness programmes

**K**ARACHI - The Department of Community Dentistry, Baqai Dental College (BDC), Baqai Medical University organised awareness events regarding oral cancer prevention on "World Cancer Day".

The event was held under the supervision of Prof. Dr Asghar Ali Shigri, Head of the Communitive Dentistry Department, BDC. Prof. Dr Asghar Ali Shigri has shown his true efforts regarding promoting oral health awareness since 2012. Every year, he plays an active role in celebrating world cancer day in Baqai Dental College and all five primary health care centres of Baqai Dental College.



The whole staff and students of the second year BDS students of BDC stood in a queue with six feet distance wearing masks, from Nishan e Manzil to Block A and held placards on which written the slogan regarding prevention of oral cancer. Prof. Dr Talha, Vice Principal, BDC, joined the event and held placards for a while. He appreciated the efforts of the Community Dentistry Department for such a program.



Prof. Dr Asghar Ali Shigri thanked all the participants who joined for this noble cause. He also thanked the whole team, including Dr Samreen Shafqat, Dr Mahwish Bano and Dr Raza Abbas and non-teaching staff, including Mr Zahid Ali and Hussain Bux. **-PR**



## IADSR conducts workshop on removable prosthodontics

**L**AHORE - A one-day workshop on Removable Prosthodontics was recently held at the Institute of Advanced Dental Sciences and Research (IADSR). The workshop is part of the IADSR 14th Professional Diploma in Advanced General Dentistry (PDAGD) curriculum.

Dr Waleed Toosy facilitated the workshop. The first session consisted of introducing the removable prosthesis and its types. Dr Waleed Toosy discussed tooth loss and replacement options in detail with indications of the Removable Partial Denture (RPD), common problems and their solution for RPD. Participants were given the pictures to formulate a treatment plan for removable dentures. The facilitator further explained causes and treatment options for common post insertion complaints of removable dentures. An in-depth group discussion was held

to answer the queries of the participants and solve the problems they faced during their respective practice.



Photo: DT Pakistan

Dr Waleed Toosy also taught abutment tooth preparation for cast partial denture and overdenture, the preparation sequence and steps of preparing guide planes, rest seats and retentive areas.

Abutment tooth preparation cast partial and overdenture abutments were performed by the participants on a typodont. Lastly, post-insertion complaints were discussed, and the facilitator gave their possible solutions. The workshop was concluded by achieving its planned objectives. **-PR**

## SSCMS organises session for oral cancer awareness

**K**ARACHI - The Continuing Dental Education Committee (CDE) committee of Sir Syed College of Medical Sciences (SSCMS) recently organised a session to highlight the debilitating effects of chalia or betel nut chewing.

The department invited Dr Bushra Anne Syed as a guest speaker. Dr Ajeet Rathi and Dr Junaid Shakeel also spoke on occasion and clinically presented the disastrous oral effects of chalia or betel nut chewing to the audience. The event was well attended by students and medical and dental faculty.

Prof HR Sukhia, Principal Dental College, SSCMS, stressed the importance of community dental visits and told the audience that it is the responsibility of all dental professionals to educate the masses about this menace. He further stressed that oral cancer has destroyed lives at an early age and is preventable by simply stopping the sale of chalia, tobacco and naswar (powdered tobacco) in the general population.

The session was followed by a debate on the topic amongst the oral surgery specialists. The event was praised by Sir Syed Admin, who praised the CDE committee for promoting dental education. **-PR**



Photos: DT Pakistan



## NID conducts workshop on research methodology

**M**ULTAN - A two-day workshop on research methodology was recently organised at Nishtar Institute of Dentistry (NID), Multan, in collaboration with Martin Dow Pharma.

Dr Muhammad Khalid facilitated the workshop. He is working as a consultant paediatrician at Nishtar Medical University and Research Head at CPSP Regional Centre Multan. He has conducted a number of such sessions throughout the province.



Photos: DT Pakistan

Prof. Dr Amjad Bari, Principal, NID, inaugurated the first session. Moreover, hands-on training in SPSS was also given to the participants.

All the faculty participated in the workshop to refresh their knowledge and skills in research methodology. At the successful completion of the sessions, Dr Naghma Parveen, Vice-Principal, NID,

awarded the participants with certificates. **-PR**



## DDC visits school to promote oral hygiene practice

**K**ARACHI - To spread oral hygiene awareness, the Department of Community Dentistry, Dow Dental College (DDC), arranged a field trip to Malala School.

Under the supervision of Dr Muhammad Taqi, Dr Adnan Sukkarwallah, Dr Mona Shah, Dr Babar Zia and Dr Amber Saeed, forty-eight third-year dental students from DDC visited Malala School: a primary school of girls in Karachi.

This visit aimed to screen and spread oral hygiene awareness among children aged 9-14 years. One hundred nineteen school children from (class III- class VIII) received intra-oral examination, and their following dental disease profile including; dental caries, staining, and calculus, were documented.



Photo: DT Pakistan

The children were educated on developing healthy oral hygiene practices such as regular dental checkups, tooth brushing and flossing, and correct techniques. They were also educated on the importance and correct hand hygiene techniques, especially in the COVID pandemic.

The dental students also discussed the impact of a healthy diet and its co-relation to oral and subsequent systemic disease. Lastly, the department distributed a dental kit containing a toothbrush, toothpaste and a brushing chart to each child to encourage the development of healthy oral practices. **-PR**