

TOGETHER IS BETTER  
INTERNATIONAL ASSOCIATION OF DENTAL STUDENTS

# IADS MAGAZINE

December  
2022

*IADS*  
**EXPERIENCES:**  
MYM'22 Report

Mouth Cancer  
Action Month Report

Tunisia Exchange

IDCP in Istanbul

*IADS*  
**SNEAK  
PEEK:**  
ExCo  
Apparatus

 *Country*  
**PROFILE:**  
Rwanda

*A Case*  
**REPORT:**  
Management of  
Midline Diastema  
on Anterior Teeth  
with Direct  
Composite  
Restorations

*IADS*  
**WEBSITE  
REVAMPED!**

*Dentistry*  
**TODAY:**

Fiber Reinforced  
Composites

*Beyond*

**DENTISTRY:**

Did you know that  
Removing a Third  
Molar Can  
Improve Your  
Taste Function?

*Prof. Dr.*  
**MUTLU  
ÖZCAN**

**WORK ON YOURSELF  
YET EXPERIENCE AS  
MUCH AS POSSIBLE  
AS QUICKLY AS  
POSSIBLE**

*IADS*  
**LITE:**

What type  
of Dental  
Instrument  
Are You?



# TABLE OF

# Content

- 4** Letter from the President
- 5** Editor's Word
- 6** Executive Committee
- 7** Leadership
- 9** Editorial Board
- 10** MYM'22 Jordan
- 12** Mouth Cancer Action Month Report
- 16** My Exchange Experience in Tunisia
- 17** IDCP Istanbul
- 18** Country Profile: Rwanda
- 22** Fiber Reinforced Composites
- 24** Colgate x IADS  
Mint A Smile Contest  
Bright Smiles Bright Futures
- 26** Management of Midline Diastema on Anterior Teeth with Direct Composite Restorations
- 30** Did You Know That Removing A Third Molar Can Improve Your Taste Function
- 32** Interview w/ **Dr. Mutlu Ozcan**
- 38** What Type of Dental Instrument Are you?
- 40** ExCo Apparatus
- 42** Sponsors & Endorsers



# LETTER FROM *The President*

*Dr.* **HUTHAIFA ABDUL QADER**

*Dear IADS Magazine Readership, IADS Delegates, Members, Friends & Fellows,*

By the time you're reading this, we will be meeting in Kazakhstan, Almaty for the 69th Annual Congress 2022. This moment in time has never occurred to me when I first applied to join IADS back in 2017. Knowing now that over the course of the past 5 years I have been taking the responsibility to practice instrumental leadership within the largest dental student organization exudes a great sense of ownership and reveals an indulgent nostalgia.

This issue takes in by far radical changes in the dynamics of IADS and it features one of the world's top dental academicians; Professor Mutlu Özcan, who is the recipient of the prestigious 2018 IADR Distinguished Scientist Wilmer Souder Award and the Royal College Diplomat" title. She is a true inspiration to young female dental students who are looking for a role model who has shattered all stereotypes about what women are capable of achieving in dentistry. It also encompasses the revamped brand new website of IADS which will propel our organizational cohort and work standards thus enabling IADS Leadership to fully engage with its workforce and outsourced parties. This is a landmark in the history of our association that is imperative for our cooperative operability by plugging gaps in the development process.

IADS has also hit a new milestone by partnering with major corporations in the dental industry by procuring a grand idea challenge-based project aiming to encourage the innovation of IADS students by fully supporting their role in the decision making process of global oral health schemes. This is by far the largest program with the highest budget that IADS has ever undertaken. This is to show that a young workforce has the ability to solely apply and capacity to comprehensively execute every single step of any project plan.

Joining IADS has kicked off the process of broadening my global perspective as it has lubricated my exercise of human interaction in a melting pot of cultures, mindsets, and outlooks on life. This is all in spite of having served in

my country's scouting movement and joined multiple cultural exchange programs. Verily, IADS enabled a great civic engagement which grew me onto embracing more tolerant views of people of other faiths, genders, and ideologies. It also exposed me to fundamental character traits which made me possess an assimilating capacity to the habit of interpersonal leadership - an essential foundation to build long-lasting relationships - and expanded my ability to interrelate my career with collaborative management work and the kind of requirements it demands.

IADS provided me with exposure and empowerment; 2 pillars that any young enthusiast should be capacitated with in order to shed their old self and embrace their new version. Verily, the first-hand exposure to the nuances of the world of dentistry and the empowerment as a president to represent worldwide have been an ingenious life-changing experience that I will forever cherish and be grateful for.

My ardent passion to fully cater to the needs of dental students worldwide has had an overarching influence upon my board's productivity and colleagues' spirits and ambitions. Receiving unsolicited testimonials from international students who look up to my work ethics and personal congruence is the main drive for me to keep inspiring dental students to become the best version of themselves.

Needless to say, I assure my sheer enthusiasm to forge excellent organizational continuity and to rub shoulders with IADS demographic community by right of my new position as the Chair of IADS Advisory Board 2022/23. Bonding on the principle of mutual respect for mutual benefit will always foster advancement, exude positive energy and guarantee the progression and ingenuity of IADS.

*Huthaifa Abdul Qader, DDS*  
**IADS President 2021/22**  
AUGUST 10<sup>TH</sup>, 2022

# WORD FROM *The Editor*



**DENIZ DEVRIM KAYA**

*Dear readers,*

The Editorial Board of the term of 2021/22 presents to you for the one last time: IADS Magazine! Hard as it is to believe, with this issue we present to you the last issue of IADS Magazine for the term of 2021/22, under my editorship.

From the very beginning of my tenure in the Editorial Board workforce and later the position of Vice President of Public Relations, one of my major goals has been achieving a professional and cohesive look on each and every one of our communication channels; which you will see accomplished while walking through the pages and I am very pleased that I have lived up to this initial vision.

Since the beginning, our mission has been to provide up-to-date information regarding the current developments in and beyond dentistry while maintaining quality of the work that came to this day since the previous editor in chiefs who also require big thanks.

If we take a brief look at the content of this issue, I assure you, you will find the pages you'll enjoy. Stepping in, we're starting with the very traditional section of "IADS Experience" with some of the most recent events we organized and surely would like to share with you. After reading the MYM'22 Jordan report on the same section you can take a guess at which country you might come across in the Country Profile. It's one of our newest members, Rwanda!

As I mentioned before, our main objective has always been to gather the most beneficial information and the critical piece of advice; thus, we have met with one of the most admirable dentists and scientists worldwide; Dr. Mutlu Ozcan who is a winner of IDRP Distinguished Scientist of the Year Award! In case you agree that one should learn from the experiences of others; this is the right place for you.

Last but not least, we have good news! As you may already know we are kicking off with a brand new collaboration, Colgate x IADS, Mint A Smile Project. We are tirelessly working on not only organizing events of our own but to encourage the students to create, develop and execute their own ideas in their home countries.

Before ending my words, I would like to say that during the past months since the first day of my office I have tried and done my best to live up to my promises that earned me the vote of trust of our delegates. I would like to give special thanks to my colleague and friend, my predecessor Dr. Silvi Domnori for being there for every ups and downs to guide and give a hand; Dr. Ouiza Belkadi for her invaluable efforts and contributions to our work through the year and the Executive Committee that I had the chance to work with.

*Deniz Devrim Kaya*  
**Vice President of Public Relations 2021/22**



2021-2022  
**EXECUTIVE**  
*Committee*

*MADS President*



**DR. HUTHAIFA ABDUL QADER**



VICE PRESIDENT OF

*Internal Affairs*

**DR. LAMIS ELSHEIKH**



VICE PRESIDENT OF

*Public Relations*

**DENIZ DEVRIM KAYA**



VICE PRESIDENT OF

*Science & Research*

**DR. IREM TÜRKAN**



VICE PRESIDENT OF

*Exchanges*

**DR. ARSAL SADIQ**



VICE PRESIDENT OF

*Finances*

**KONSTANTIN LENNART  
SCHRADER**



*Voluntary Chairperson*

**NADEEN** HAJ AHMED



*Prophylaxis Chairperson*

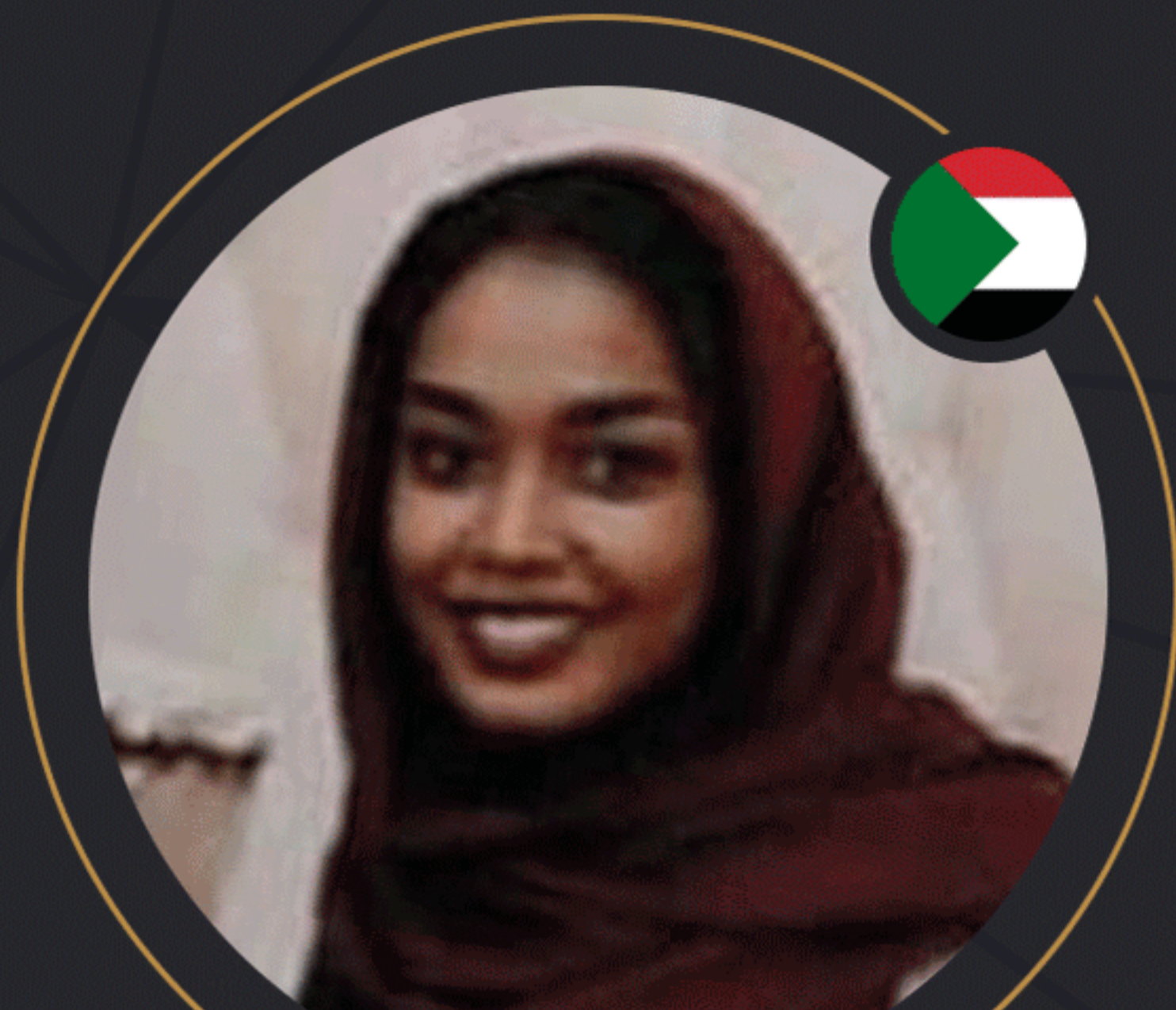
**PAYMAN** SARMAD



*Training Chairperson*

**ZEINAB** HUSSEIN

CHAIRPERSONS  
*of* **STANDING**  
2021 - 2022 *Committee*



REGIONAL AMBASSADOR OF

*Africa*

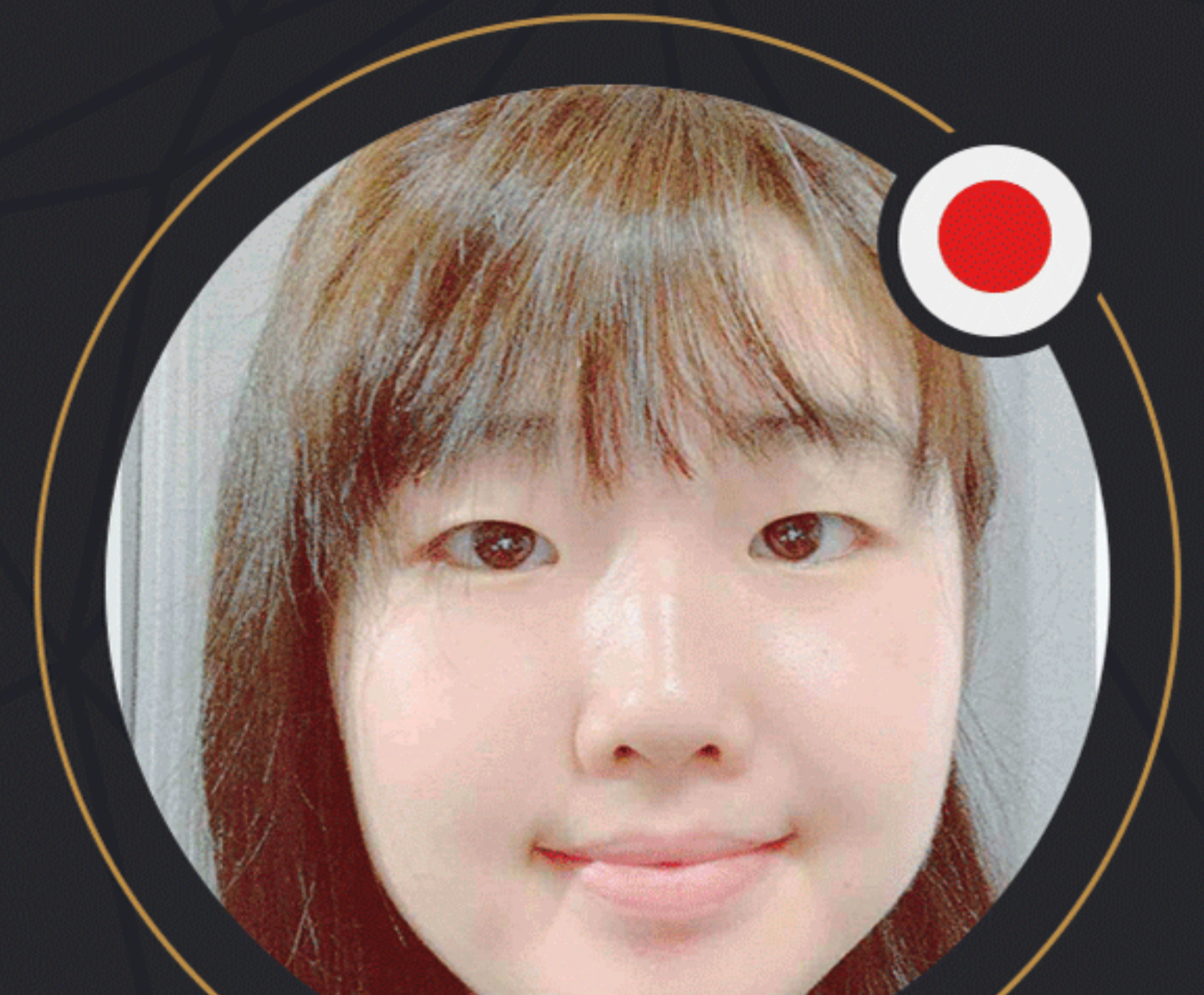
**AYA** ABDULLAH



REGIONAL AMBASSADOR OF

*Americas*

**HENRY** DANIEL



REGIONAL AMBASSADOR OF

*Asia Pacific*

**KEI** AONUMA



REGIONAL AMBASSADOR OF

*Europe*

**JASMIN** MANSOURNIA



REGIONAL AMBASSADOR OF

*Middle East*

**JAD** CHEHWAN

2 0 2 1 - 2 0 2 2

**REGIONAL**

*Ambassadors*



2021 - 2022

# EDITORIAL Board



**DENİZ DEVRİM KAYA**

EDITOR IN

*Chief*



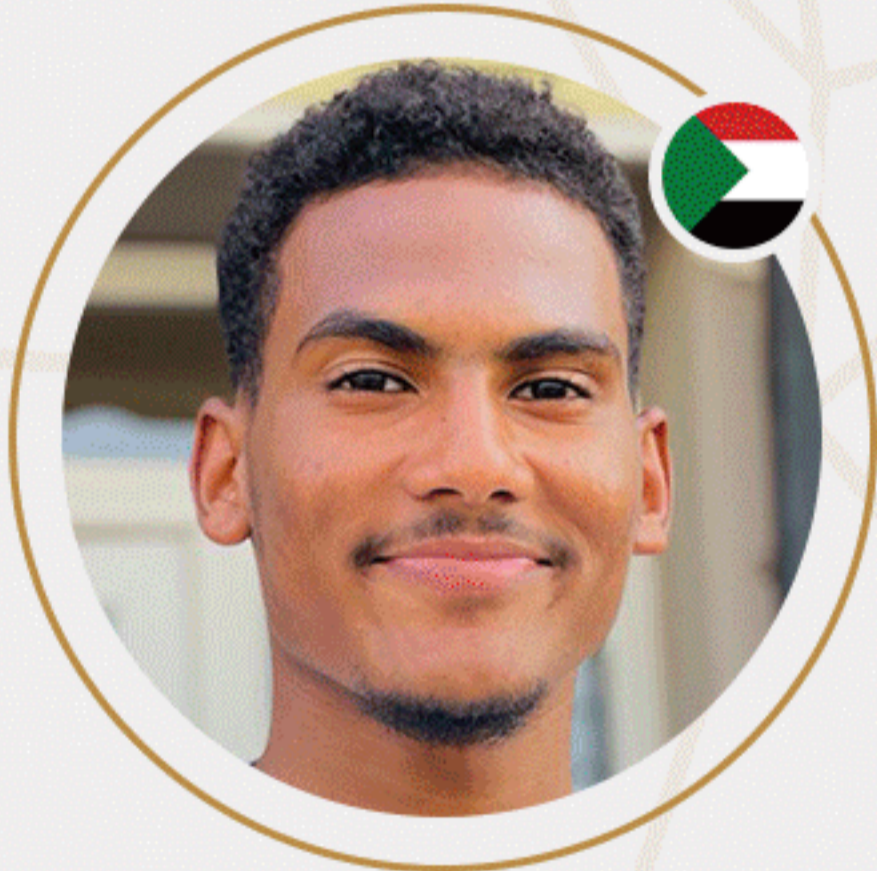
*Liason Officer*

**KRISTINE ROMANOVSKA**



*Magazine Chief Designer*

**DR. OUIZA BELKADI**



**ALAMIR  
NOURALDEEN**



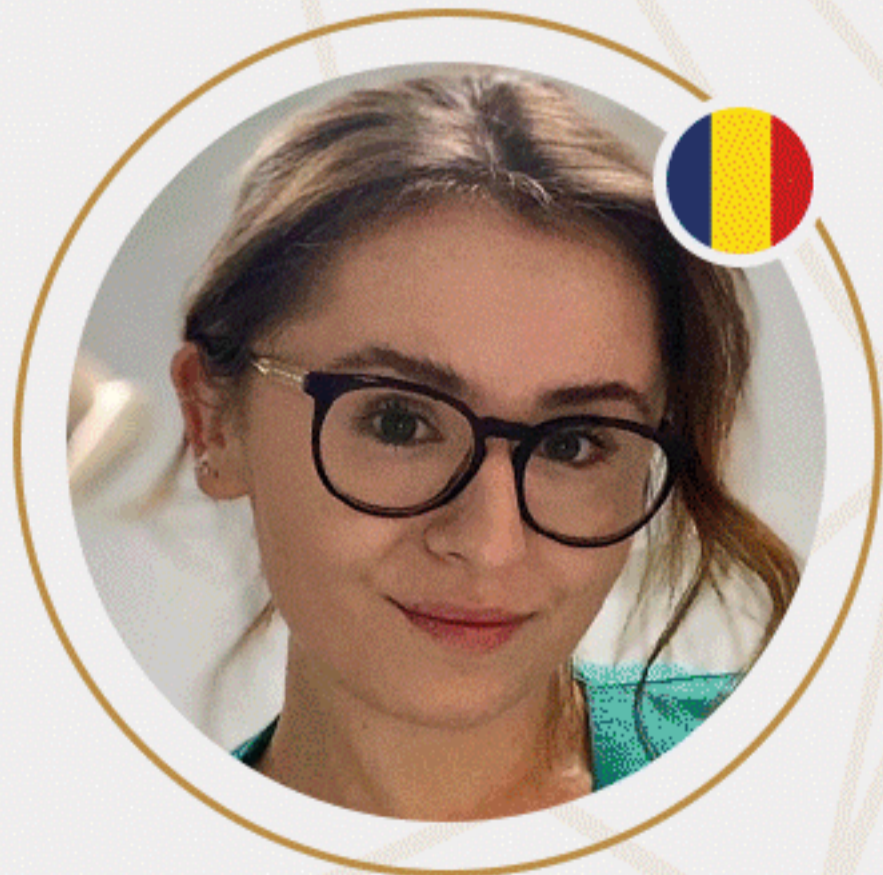
**AYŞE SENA  
KAYIKCI**



**EZGI  
YESILTAN**



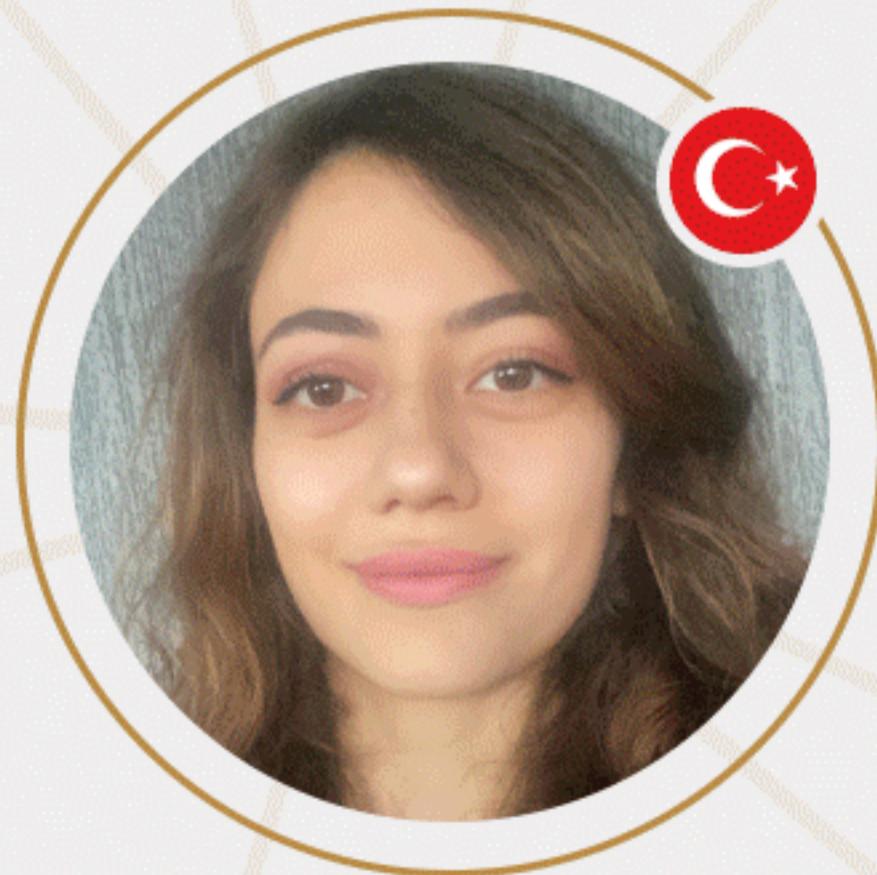
**GHAIDAA  
SAFEEN**



**IRINA  
BODNAR**



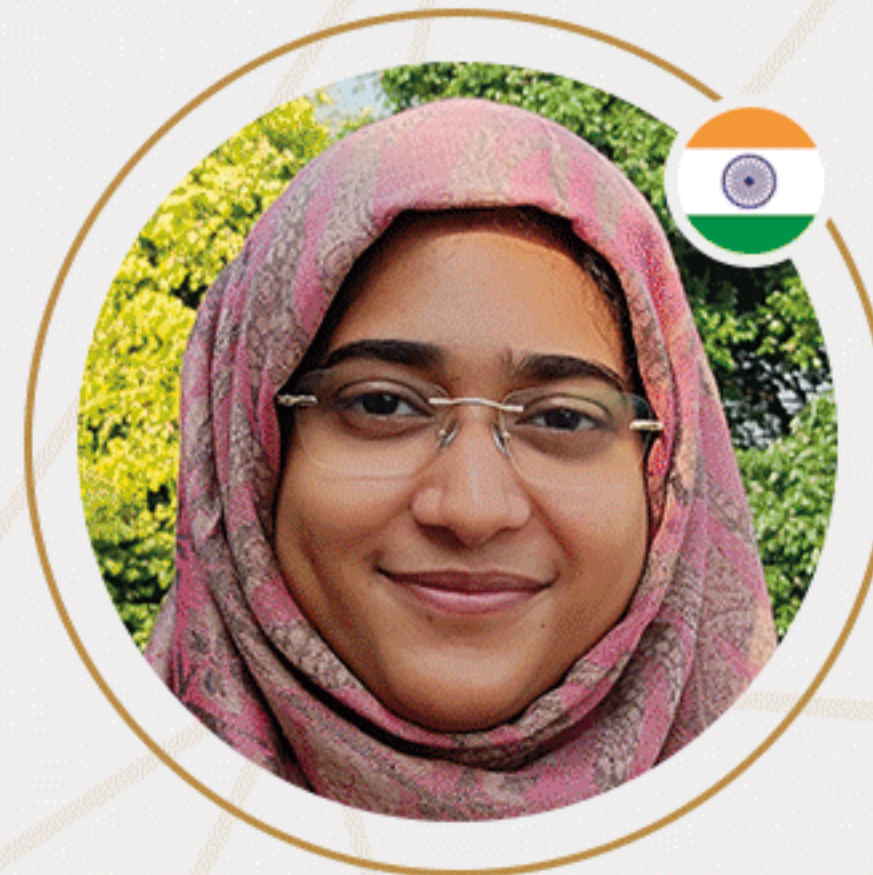
**SERAP  
BEŞİROĞLU**



**NISA  
UNSUR**



**PEDRO IVO  
TAVARES TRINDADE**



**QUSIA  
KHAN**



**THEODORA  
MATEI**



**WAJIHA  
MAZHAR**