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## LCMD MARKS ORAL HEALTH DAY WITH AN ENGAGING EVENT

LCMD Principal Professor Dr Navid Rashid Qureshi stressed the need to raise awareness about oral cancer.

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## IADSR WORKSHOP ON DENTAL IMPLANTS

As part of the 16th PDAGD, the IADSR recently organized a one-day workshop on dental implants for general practitioners.

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## INNOVATIVE TECH REVOLUTIONIZING DENTAL PRACTICE

Like many other fields, dentistry too has been revolutionized by modern technology, providing present-day dentists.

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## JMDC holds Convocation 2024



Professor Dr Amjad Siraj Memon, Vice Chancellor of JSMU; Professor Dr Hussain Mehdi, Pro Vice Chancellor of JMDC; Professor Dr Ambreen Usmani, Principal of the Medical College at JMDC; and the Principal of the Dental College at JMDC celebrate and honor the MBBS and BDS graduates during the convocation ceremony. —Photo: DT Pakistan

KARACHI: Jinnah Medical and Dental College (JMDC) recently held a convocation ceremony, honoring its MBBS and BDS graduates, marking a milestone for the successful students as well as the institution.

The ceremony was also attended by JSMU Vice Chancellor Professor Dr Amjad Siraj Memon, Founder and Head of Hum TV Network Sultana Siddiqui, JMDC Pro Vice Chancellor Professor Dr Hussain Mehdi, Principal of the Medical College at JMDC Professor Dr Ambreen Usmani, and Principal of the Dental College at JMDC Professor Dr M. Junaid Lakhani.

BDS Students from the 20th and 21st batches, along with their families, enthusiastically



attended the event which commenced with a procession of students, followed by the respected faculty.

During the ceremony, honorable guests congratulated both the students and the college for their remarkable achievements, along with best wishes for their future journey. The solemn oath-taking ceremony marked the beginning of a new chapter for the graduates.

On the occasion, degrees were conferred upon the passing graduates, accompanied by the presentation of special medals and awards to recognize their outstanding achievements. The convocation culminated with official photo sessions capturing memorable moments. —PR



# LCMD marks World Oral Health Day with an engaging event



Professor Dr Navid Rashid Qureshi emphasizes key messages to participants during the World Oral Health Day event at Liaquat College of Medicine and Dentistry (LCMD). –Photo: DT Pakistan

KARACH: Liaquat College of Medicine and Dentistry (LCMD) Principal Professor Dr Navid Rashid Qureshi stressed the need to raise awareness about oral cancer as the college observed World Oral Health Day on March 20th, 2024.

He was speaking at an event held to mark the day under the auspices of the LCMD Continuing Dental Education Committee, led by Prof Dr Uzma Zareef.

Prof Qureshi, highlighting the significance of oral health, said

the occasion should be especially used to promote awareness about oral cancer.

Dr Afshan Faizan hosted the event, also featuring a lively quiz competition, moderated by Dr Rizwan and Dr Maha, which engaged students from various academic years and house officers. Teams comprising students from 1st, 2nd, 3rd, final years, and house officers participated in the competition, including an interesting rapid-fire round.

The audience was also involved with thought-provoking questions, ensuring an engaging experience for them. Cash prizes were awarded to the winning team and the runner-up, along with gift hampers for the audience.

The event served as a wonderful platform to promote oral health awareness in a fun-filled atmosphere, contributing to the efforts aimed at encouraging better oral health practices among the community. —PR

## DIDC holds symposium on dental implants

KARACHI: The Dow International Dental College (DIDC) recently held a symposium addressed by Dr Mustafa Tahir, a known implantologist from Dubai and Qatar, focusing on dental implants.

The event was attended by a diverse audience, including house officers, students, and DIDC faculty members.

Dr Tahir stressed dental implants' critical role in international and local dental practices, underscoring their significance for aspiring house officers. In his presentation, Dr Tahir explained the technical aspects of implants and highlighted their role in modern dental care.

At the end of the event, DIDC Principal Dr Aminah presented Dr Tahir with a certificate of appreciation, acknowledging his contribution to dental education and implantology in the region.



Group photo of symposium participants with Principal Dr Aminah and Speaker Dr Mustafa Tahir. –Photo: DT Pakistan

The event was appreciated for enriching the academic discourse on dental implants, and inspiring a new generation of dental professionals at DIDC. —PR

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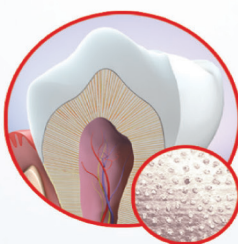
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### ORDINARY SENSITIVITY TOOTHPASTES

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# NID campaign to promote children's oral health, research

MULTAN: The Nishtar Institute of Dentistry (NID) in Multan recently launched an awareness campaign titled 'Beat ECC with Dr Sajal Khan,' to assess the oral health status of children and the education level of their parents at Allama Iqbal Teaching Hospital in D.G. Khan.

The campaign was launched under the leadership of NID Principal Professor Dr Amjad Bari.

"The campaign is dedicated to raising awareness and advocating for simple, daily habits that can profoundly influence the smiles of children in our community," said Dr Bari. "Through these efforts, we aim to improve self-esteem, reduce dental expenses, and pave the way for a lifetime of radiant and healthy smiles."

Spearheaded by gold medalist Dr Sajal Khan, the initiative emphasizes the role of oral hygiene in children, encouraging them to embrace dental health routines and urging parents to prioritize their child's oral well-being from an early age. Dr M. Mutahir Mehdi, media spokesperson, assistant professor and head of oral biology at NID, said the primary goal is to educate parents, focusing on improving oral health outcomes for children.

This effort targets both healthy children and those with medical vulnerabilities, aiming to enhance their quality of life by preventing and diagnosing oral health issues early.

The NID dental surgeons' team, led by Principal Prof Bari, included Dr Sajal Khan, Dr Talha Ashar, Dr Ali Hashim, Dr Abdullah Niaz, Dr Maheen Zehra, and Dr Hasnain Atta.

Dr Sajal Khan delivered a community-based lecture to an audience comprising parents, doctors, and caregivers in the Pediatric and Gynecology wards of Allama Iqbal Teaching Hospital.

Dr Talha Ashar and Dr Ali Hashim contributed to the discussions, while Dr Abdullah Niaz, Dr Maheen Zehra, and Dr Hasnain Atta demonstrated proper brushing techniques.

The initiative was lauded by MS and DMS of Allama Iqbal Teaching Hospital, who commended Dr Sajal Khan, the South Punjab Health Department, Prof Bari, and the entire team for their dedicated efforts.

Following the presentation, the team conducted examinations of children in the wards, provided personalized advice, and distributed free toothpaste and mouthwash to children and parents, supported by a private company.

The campaign enjoys support from Secretary Health, South Punjab, Afzal Nasir Khan, and Deputy Secretary South Punjab, Dr Maria,



Dr Sajal Khan advocating the importance of oral hygiene for children. —Photo: DT Pakistan

underscoring its significance in promoting oral health awareness and practices among children and families in the region.

## Oral health awareness campaign at Bahawalpur Victoria Hospital

Fourth oral health awareness session conducted at Bahawalpur Victoria Hospital (BVH) under the campaign titled 'Beat ECC with Dr Sajal Khan' to promote oral hygiene among children and adults alike.

Patronized by Nishtar Medical College (NMC) Principal Professor Dr Amjad Bari, the campaign included an extensive awareness session conducted in the BVH's Pediatric and Gynecology wards.

The session, attended by doctors, paramedics, patients, and parents, focused different aspects of oral healthcare, such as proper teeth and tongue cleaning techniques, and the importance of selecting the right toothbrush.

Dr Sajal, highlighted the importance of

preventive oral care in avoiding dental issues and associated treatment costs. Free toothpaste and mouthwash were distributed among the participants to further encourage and support their oral hygiene practices.

During the visit, the NID team, comprising Dr Rayyan Ali, Dr Abdullah Niaz, Dr Hasnain Atta, Dr Maheen Zehra, and Dr Sajal Khan, examined children in Pediatric ward. They recorded clinical findings to contribute to evidence-based research and provided advice to parents on maintaining their children's oral health.

The initiative also included an interactive session where physicians filled out questionnaires, enhancing the overall understanding of oral health challenges and needs within the community.

Senior dental surgeon Dr Muhammad Imran, from the NID Community Department, said this campaign not only highlights NID's commitment to community service but also reinforces its role in promoting comprehensive healthcare practices. —PR



Dr Sajal Khan conducting check-ups and distributing toothpaste and mouthwash to children during an oral health awareness session at Bahawalpur Victoria Hospital (BVH). —Photo: DT Pakistan





# WANT A SOLUTION FOR TEETH SENSITIVITY?

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## Oral hygiene session at Pakistan Navy Cadet College Ormara

BALUCHISTAN: Pakistan Navy Cadet College Ormara recently organized an informative session on the importance of oral hygiene.

On the invitation by Principal Commodore Fazal Ur Rehman, Consultant Oral Surgeon Dr Hera Nadeem attended the session as the guest speaker.

The session was attended by cadets and college faculty, including the vice principal.

During the session, Dr Hera emphasized the often-underestimated role of oral hygiene in daily life, observing that poor oral health can lead to severe consequences beyond just cavities or bad breath. She highlighted the links between oral health and conditions such as cardiovascular diseases and diabetes, stressing that neglecting oral hygiene can result in expensive dental treatments.

Dr Hera advised adoption of simple practices like regular brushing, flossing, and dental visits to maintain good oral hygiene, prevent dental problems, and lead healthier lives. The cadets actively participated during the session, which concluded with Lieutenant Commander Humera thanking Dr Hera for her enlightening talk. She was presented a shield of appreciation on behalf of the college principal. —PR

## JMDC holds workshops on research methodology, SPSS



Professor Dr Junaid Lakhani addressing the audience during comprehensive training sessions on Research Methodology and SPSS Software. —Photo: DT Pakistan

KARACHI: To enhance the research capabilities of dental house officers, the Jinnah Medical and Dental College (JMDC) recently organized comprehensive training sessions on Research Methodology and SPSS Software.

Organized by the Department of Community Dentistry and led by Assistant Professor Dr Unaiza Pervaiz Hashmi, in collaboration with Helix Pharma, these workshops aimed to equip participants with essential research tools and techniques.

Dr Neeta Maheshwari, Head of Medical Affairs at Helix Pharma, delivered insightful lectures, enriching attendees' understanding of research methodologies.

The event was graced by Professor Dr Junaid Lakhani, Principal of the Dental College, whose encouraging remarks fostered a sense of purpose and enthusiasm among the participants.

Hands-on activities were a key component of the workshops, providing participants with practical experience and facilitating active learning. This interactive approach encouraged collaboration and innovation, enhancing the overall learning experience.

On the final day, participants were awarded certificates, acknowledging their dedication and achievements throughout the workshop. —PR

## HUDH hosts qualitative research workshop for faculty



Principal Dr Syed Imran Hassan presenting an appreciation shield to Dr Syed Jaffer Abbas Zaidi, with Professor Dr Abdur Rehman and Dr Haifa Saquib Baqai also pictured. —Photo: DT Pakistan

KARACHI: Hamdard University Dental Hospital (HUDH) recently conducted an engaging workshop on qualitative research aimed at enhancing the skills of its faculty members.

Organized by Professor Dr Abdur Rehman, Dr Haifa Saquib Baqai, and Dr Ahsan Mumtaz, the event featured Dr Syed Jaffer Abbas Zaidi, a distinguished qualitative research expert from DOW University of Health Sciences, as the lead facilitator.

The workshop, designed under the guidance of Principal Dr Syed Imran Hassan, emphasized HUDH's commitment to advancing dental practices through a deeper understanding of patient experiences and highlighted the role of qualitative research in promoting such initiatives within the hospital.

During the workshop, the participants learnt key techniques such as interviews, focus groups, and thematic analysis, gaining practical experience in data collection and analysis.

The interactive format of the workshop was appreciated by faculty members. "This workshop has significantly enhanced my understanding of qualitative research and its application in dentistry," says a participant.

HUDH plans to continue promoting a culture of research and innovation through similar workshops in the future. —PR



# IADSR workshop on dental implants



Professor Dr Amin-ur-Rahman addressing the audience during a workshop on dental implants for general practitioners. –Photo: DT Pakistan

LAHORE: As part of the 16th Professional Diploma in Advanced General Dentistry (PDAGD), the Institute of Advanced Dental Sciences and Research (IADSR) recently organized a one-day workshop on dental implants for general practitioners.

Renowned dentist Professor Dr Amin-ur-Rahman, a faculty member at the University of Michigan Ann Arbor and the University of North Carolina at Chapel Hill, facilitated the workshop.

The session began with an overview of implant statistics and their historical background. Dr Amin then discussed alveolar bone and its relationship to teeth and implants, as well as various implant materials and types, including tissue-level

and bone-level implants.

Participants were guided through surgical procedure guidelines and steps, with an emphasis on the importance of communication and proper planning for successful implants.

The interactive session included discussions on single-tooth replacement, multiple-tooth replacement, and cemented screw-retained prostheses, besides implant failures, both early and late.

A hands-on session allowed participants to practice on typodont models, with Dr Amin and his team addressing any issues faced during the exercises.

The workshop concluded with positive feedback from participants. –PR

## Pakistani orthodontist honored by international body

LAHORE: Col Prof Dr Iffat Batool Syed has become the first Pakistani member of the Angle Orthodontics Society in recognition of her valuable contributions to the global orthodontics field.

Col Iffat, who has been officially honored by the prestigious international body as a 'legend' and 'stalwart' for her dedication to education and perseverance, recently presented her groundbreaking

research paper in Quebec City, Canada.

She received widespread acclaim and a standing ovation from top orthodontists worldwide, for her work in advancing orthodontic knowledge and practice.

Founded in 1922 by alumni of the distinguished Angle School, the Angle Orthodontics Society is the world's first independent orthodontic college,

comprising an exclusive, invite-only community of global leaders in orthodontics.

Speaking to Dental News, Col Iffat said, "This is a tremendous honor for me. I am deeply grateful for the support and encouragement from the dental community and my colleagues. This accolade not only validates my efforts but also motivates me to explore new frontiers in orthodontics." –PR

## Intra-class poster contest at KMDC

KARACHI: Karachi Medical and Dental College (KM&DC), under Karachi Medical University (KMU), recently hosted an engaging "Intra-class Poster Competition" for 3rd-year BDS students. Organized by the Department of Oral Pathology, the competition focused on the theme "Investigation Techniques Used to Diagnose Oral Pathologies."

Led by Dr Mehwash Kashif, Head of the Department of Oral Pathology and facilitated by demonstrators Dr Shiraz Abbas, Dr Maryam Akhlaq, and Dr Sanobar Naveed, the event showcased the academic prowess and investigative skills of the participants. Eight groups, each comprising 12 students, presented extensive research on various radiological, laboratory, and immunological techniques crucial for diagnosing oral and systemic pathologies.



Group photo of event organizers Dr. Mehwash Kashif, Dr. Shiraz Abbas, Dr. Maryam Akhlaq, and Dr. Sanobar Naveed, along with judging panel members Dr. Sana Adeeba Islam and Dr. Affan Ahmad, and Principal Prof. Dr. Syed Sheeraz Hussain.



Group photo of Poster Competition participants. –Photos: DT Pakistan

The judging panel, including Dr Sana Adeeba Islam, Head of Community Dentistry, and Dr Affan Ahmad, Head of the Department of Dental Materials, meticulously evaluated the posters based on their scientific merit and presentation quality. Dr Mehwash Kashif lauded the dedication of the participants and the support from the faculty. Professor Dr Syed Sheeraz Hussain, Head of Dentistry, commended the competition's impact and encouraged future collaborations among different departments within dentistry.

The ceremony concluded with the distribution of certificates by Professor Dr Syed Sheeraz Hussain and other senior faculty members, appreciating the position holders, judges, facilitators, and all participating students. The event not only promoted academic excellence but also promoted collaboration and innovation among budding dental professionals, setting a precedent for future educational endeavors at KM&DC. –PR



# ANDC hosts oral hygiene session for students

LAHORE: The Community & Preventive Dentistry Department at Azra Naheed Dental College (ANDC) recently organized an informative session for 2nd Year BDS students, stressing the importance of oral hygiene.

At the event, plaque disclosing agents were used to visually demonstrate the accumulation of plaque within the oral cavity, which allowed students to precisely observe where plaque tends to build up.

This practical demonstration enhances the effectiveness of oral cleaning practices and raises awareness about maintaining optimal oral health. The session underscored the importance of regular plaque identification and removal in preventing common dental issues such as cavities and gum disease.

Students were educated on proper brushing techniques essential for efficient plaque removal, ultimately promoting healthier teeth and gums.

By actively engaging students in this hands-on learning experience, the department continues to empower future dental professionals with knowledge and practical skills necessary for comprehensive dental care. —PR



Students engaging in practical demonstrations to improve their oral cleaning practices and maintain optimal oral health. —Photo: DT Pakistan

## KMDC hosts CPD program on oral health, prosthodontics

KARACHI: The Karachi Medical and Dental College (KM&DC), KMCU, recently hosted a successful Continuous Professional Development (CPD) Program on oral health and prosthodontics.

Led by Professor Dr Sheeraz Hussain, Vice Principal and Head of Dentistry, the event was organized by the CPD team and the Department of Prosthodontics.

The event featuring Dr Affan, in charge of Prosthodontics, and a guest speaker from Haleon Company included detailed discussions on topics such as cracked tooth syndrome, prosthodontic solutions, sensitivity management, and oral hygiene practices.

The participants gained valuable insights into advanced prosthodontic techniques and effective patient care strategies through the program which was widely praised for enhancing the skills and knowledge of dental practitioners and students at KMDC. —PR

## BUDC holds e-poster contest among 3rd year BDS students

KARACHI: The Department of Operative Dentistry at Bahria University Dental College (BUDC, BUHSCK) recently organized an e-poster competition for third-year BDS students.

The event was conducted by Dr Umeed Javaid and Dr Imtiaz ul Haq under the supervision of Dr Shama Asghar, Head of the Operative Dentistry Department.

Dr Aneeka Anwar, Senior Registrar at the Pediatric Dentistry Department, was invited to judge the competition.

Students were tasked with developing e-posters on clinically oriented topics such as isolation methods, matrix bands, setting reactions of materials, and polishing methods. The students explained their posters in front of the judge and audience.

After a tough competition, Laiba Batool and Taskeen Fatima were declared the winners.

At the end of the ceremony, Dr Aneeka Anwar distributed certificates among the winners and praised the efforts of all participants, saying that such events complement classroom learning and provide students with an opportunity to showcase their talents. —PR

## JMDC hosts inaugural project exhibition

KARACHI: The Department of Oral Biology at Jinnah Medical and Dental College (JMDC), under the leadership of Dr Saima Hanif, hosted its inaugural project exhibition recently, where the first-year BDS students showcased their creativity and educational insights through a series of 3D projects highlighting various aspects of Oral Biology.

The students' projects were judged by a panel including Professor Dr Kashif Naqvi and Dr Anjum Tariq, commended the students for their exceptional efforts.

The event was also attended by JMDC Principal Prof Dr Junaid Lakhani and faculty members. Judges and faculty engaged with the students, discussing their group projects and acknowledging their dedication and hard work.

The exhibition culminated on a high note with the distribution of prizes to the winners and the presentation of appreciation certificates to all participants. —PR



# KMDC concludes basic surgical skills workshop



Snapshot of workshop participants with the facilitator and senior faculty, all in high spirits. –Photo: DT Pakistan

KARACHI: Karachi Medical and Dental College (KM&DC), Karachi Medical University (KMU), recently concluded a Basic Surgical Skills Workshop, designed to enhance the surgical techniques of dental professionals.

The event, hosted by Professor Dr Sheeraz Hussain, Principal and Head of the Department of Dentistry, was organized by the Continuing Professional Development (CPD) team, was attended by dental practitioners keen to advance their surgical expertise.

The workshop featured interactive sessions led by known surgeons, including Professor

Dr Zahid Ali, Assoc. Professor Dr Sufyan Ahmed, and Asst. Professor Dr Arzoo.

Participants engaged in hands-on training covering essential surgical aspects such as aseptic technique, instrument handling, suturing, and knot tying. The workshop also included rigorous skills assessments, culminating in the awarding of Continuing Medical Education (CME) certifications to attendees.

Professor Dr Sheeraz Hussain highlighted the workshop's importance in improving professional competence and shared plans

for future clinical workshops. He reiterated KM&DC's commitment to continuous improvement and innovation in surgical education, emphasizing the institution's dedication to nurturing the next generation of skilled dental professionals.

The workshop exemplifies the college's proactive approach to advancing dental education and equipping practitioners with the latest techniques and knowledge to deliver patient care, inspiring and better preparing the participants to tackle the complexities of dental surgery. –PR

## Workshop on item analysis for MCQs held at LCMD

KARACHI: The Department of Health Professions Education at Liaquat College of Medicine and Dentistry (LCMD), under the leadership of Principal Professor Dr Navid Rashid Qureshi and supervised by Dr Sabaa Shahid, in charge of DHPE, recently organized a successful workshop on Item Analysis for Multiple Choice Questions (MCQs). The workshop aimed to strengthen the capabilities of faculty members by deepening their understanding of item analysis and improving their ability to interpret resulting data effectively. Facilitated by Professor Dr Muhammad Zubair, Professor of Surgery at Dow University,

the session provided participants with comprehensive insights into the intricacies of item analysis. Professor Zubair's extensive knowledge and expertise were lauded, as he conveyed complex concepts clearly and understandably.

Hands-on activities were a key component of the workshop,

allowing participants to apply their newfound knowledge in practical scenarios. These activities were designed to help them practice interpreting item analysis data effectively. Mr. Moiz Majid, Officer at DHPE, provided logistical and administrative support throughout the event. –PR