International Association of Dental Students

IADS MAGAZINE

September 2023

MILES FOR SMILES: INTERNATIONAL VOLUNTARY PROGRAM IN **JORDAN**

MY EXPERIENCE IN **EGYPT**: *CLINICAL EXCHANGE PROGRAM*

WHAT DID YOU THINK ABOUT YOUR IADS EXPERIENCE? IDCP & IDRP FEEDBACKS

FORENSIC DENTISTRY: **DISASTER VICTIM IDENTIFICATION**

DENTISTRY'S SECRET ELIXIR: **OZONE'S THERAPY** PATH TO RADIANT DENTAL HEATLH

ECOSMILES: PRESERVING SMILES AND PLANET IN A CHANGING CLIMATE

WITHIN THE TINNIEST OF DETAILS, A WITNESS IN THE FORM OF **FOSSILIZED DENTAL CALCULUS**

FROM LIKES TO SMILES: **SOCIAL MEDIA FOR DENTISTS 101**

A LITTLE WASABI GOES A LONG WAY: A COMPREHENSIVE STUDY ON WASABI'S IMPACT ON DENTAL HEALTH

IADS LITE: **CELEBRITY DENTAL TRANSFORMATIONS & EXPERIENCES**

HALL of FAME

DDS, MS ASGEIR **SIGURDSSON**

"CONFIDENCE HAS NO COMPETITION. CHALLENGES CAN BECOME **LIFE LESSONS** INSTEAD OF **OBSTACLES**.

DR. TAREK HAFEZ

COUNTRY PROFILE: **TÜRKIYE**

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Letter FROM THE PRESIDENT

Dear IADS Magazine readers, IADS member students and fellow young dentists,

For this third edition of the 2022/2023 term coming in unison with our Annual Congress, I would like to invite you to find a comfortable reading corner and join me!

Tremendous work has been put forth by our Editorial Board under the restless leadership of our Vice President of Public Relations, Dr. Kristine Romanovska into carefully crafting this issue of the magazine - with rich content and immersive designs - into the enrapturing read that it is.

While you may have been relaxing, and I would hope enjoying our programs over the summer, work on our side has been incessant to provide for you the best summer opportunities culminating in our Annual Congress in Sharm El Sheikh - and you may see this reflected in our IADS Experiences section with the IVPs bringing smiles and exchanges, IDCPs and IDRPs bringing cultures and dentistry together...

The commitment of our Editorial to bring forth a diversity of topics is glaring, as you will find yourselves refreshed with a sanitary breeze of Ozone knowledge diving into topics hot like wasabi in our Beyond Dentistry and Dentistry today sections. And while "digging into the roots" is nothing new to our profession, I'm sure you'll have much to learn from this issue's Dental Museum topic.

All I will say to not spoil any more of it, is that as you find yourself reading in some nook of this city that is a perfect blend of the old and the new, you will also find that we brought that blend with our distinguished Dr. Asgeir Sigurdsson, an esteemed IADS Alumni bringing his experience from the 1980s and Dr. Tarek Hafez grounding us in our personal growth as we aim high in our careers!

Looking forward to maybe encountering any of you reading next to me at our Annual Congress in Sharm El-Sheikh and always looking forward to meeting you in more IADS events!

DR. **LAMIS ELSHEIKH**
IADS PRESIDENT 2022/2023

Letter FROM THE VICE PRESIDENT OF **PUBLIC RELATIONS**

Dear reader,

With great happiness, I present you the third issue of IADS Magazine of 2023. If you are holding it in your hands, then I am very glad to meet you in person at the 70th Annual Congress!

Firstly, I would like to thank the IADS Editorial Board for such a productive term! This year we delivered 3 magazines, diverse and rich with unique content. In this magazine, you will find a lot for yourself!

In the IADS Experience section, you will find incredible International Voluntary Program experience, insights from the IADS Exchange program in Egypt, and feedback from the International Dental Course Programs and International Dental Research Program.

Dentistry Today will bring a new perspective about ozone therapy in dentistry and the Climate Change Impact On Oral Health article might change your perspective. Sustainable dentistry is a scorching topic!

Inspiring career path interview with Dr. Tarek Hafez - an aesthetic dentist working internationally - will not leave you indifferent!

In the conversation with IADS alumni Dr. Asgeir Sigurdsson, we discussed the importance of getting involved in extracurricular activities and developing your skills by being part of non-government organisations.

Beyond Dentistry will guide you through the potential benefits of wasabi on our oral health, in-depth reveal disaster victim identification and learn how to lead your social media accounts as a dentist.

In the Dental Museum, we keep revealing the history of our favourite field - dentistry. In this issue we dive into archaeology.

For a spicy dessert we offer to take a glimpse of the celebrity dental makeovers and for relaxing evenings feel free to fill in the crosswords.

Have a pleasant reading and good luck! It was a pleasure working with such talented people!

DR. **KRISTĪNE ROMANOVSKA**
VICE PRESIDENT OF
PUBLIC RELATIONS 2022/2023

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