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Articles by and interviews with

Drs. Dietschi, Edelhoff, Fradeani, Goumenos, Gürel, Pelekanos, Perrotti, Plotino, Sousa Dias, Stanley, Zucchelli, Zuhr

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EDITORIAL

by Brendan Day

Dear reader,

Five years ago, the first issue of the *Clinical Masters™* magazine was released. Since then, this publication has acted as an invaluable locus for dental education in all of its forms. It should come as no surprise that this, the sixth issue of the magazine, is packed full of interviews and articles with some of the dental world's leading experts and educators.

Inside this magazine, you can find articles from the esteemed Dr. Miguel Stanley on how digital dentistry changes the patient's and dentist's accountability, and from the restorative dentistry expert Dr. Didier Dietschi on the benefits of a bioesthetic approach to smile restoration.

An interview with the gifted prosthodontist and implantologist Dr. Stavros Pelekanos. The endodontic specialist Dr. Gianluca Plotino takes us through his recently launched endo channel, which provides a platform for him and other leading lights from the endodontic

world to discuss and present their work. These are just a few of the treats that await you inside this issue.

As you will see, the educational opportunities offered by this group of clinical masters are perhaps unmatched in their geographic and disciplinary diversity. On the whole, it reflects what dentistry has become: a truly international profession pushed forward by continued advances in science, technologies and materials. This emphasis on progression brings with it a responsibility to continue one's learning—a responsibility that you have already recognized by opening up this magazine.

I hope that you enjoy this issue of the *Clinical Masters™* magazine.

With my best regards,

Brendan Day

Editor

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Bioesthetic dentistry—

a modern teaching array that embraces all aspects of esthetics and dental biomechanics, or how to restore smiles and function with conservative, often no-preparation, techniques



Dr. Didier Dietschi

Dr. Didier Dietschi

Edudentinternational, Geneva Smile Center, Geneva, Switzerland; senior lecturer in the Department of Cariology and Endodontics, School of Dentistry, University of Geneva, Switzerland; adjunct professor in the Department of Comprehensive Care, Case Western Reserve University, Cleveland, U.S.

Dentistry has undergone major developments over the last several decades, owing to a series of breakthroughs, starting with prevention and risk factor-oriented therapies, then adhesion and implantology. This has undoubtedly changed the way we treat our patients; for instance, preventive measures and implementation of dental coaching instead of decay-oriented treatments will help future generations to maintain their dentition at a much healthier level so that the need for complex treatments will finally drop. However, in parallel, patients' expect-



Dr. Pascal Magne

tations and needs have evolved toward esthetics and metal-free, tooth-colored restorations, while modern times have made life more active and demanding. As a consequence, the incidence of formerly infrequent pathologies has risen tremendously; for instance, tooth wear (erosion and attrition) and cracked teeth have become common dental emergencies and requests for comprehensive treatments. In short, the modern dental practice is under high demand for ultimate esthetics while having to respond in parallel to challenging biomechanical conditions. There is no doubt that the profession now has to adapt to these new tasks and implement its global competence in modern treatment concepts and clinical protocols. The courses at Edudentinternational are consequently focused on some of the most current topics in dentistry, covering the following in depth:

- anterior freehand bonding (anterior composite restorations in all their variations);

- biofunctional posterior adhesive restorations (direct, semidirect and indirect techniques);
- conservative (interceptive and restorative) treatment of tooth wear;
- anterior veneering techniques; and
- BEF (better, easier, faster) digital dentistry (this program starts in 2021).

Bioesthetics is the key philosophy of this education center. Bioesthetics refers to the comprehensive integration of biology and biomechanics (or biomimetics) into treatment planning, giving priority to conservative, often no-preparation, adhesive techniques. On the esthetic level, embracing the natural teeth and appearance of the smile, rather than utilizing stereotypes, is another key element of our teaching. We actually consider that finding individualized solutions to each patient's needs and expectations rather than applying a standardized treatment approach is a crucial factor in performing dentistry on a high quality and ethical level. This thinking process is deeply implemented across all topics covered in our programs.

Educators and their objectives

Teaching at Edudentinternational offers general and more specialized practitioners a global overview of evidence-based protocols in the aforementioned domains and provides the information necessary for delivery of the highest level of dental care to their patients. The strength of Edudentinternational programs lies in both the excellence of clinical teaching and a strong scientific background, following a modern evidence-based practice philosophy. In fact, at Edudentinternational,



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