

# DENTAL TRIBUNE

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## 13,000 SCHOOL KIDS UNDERGO DENTAL CHECK-UPS ...

To raise public awareness about oral hygiene and educate the community on maintaining good oral health practices.

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## LCMD MARKS ANNUAL RESEARCH DAY WITH 83 POSTER PRESENTATIONS

LCMD recently celebrated its Annual Research Day, to promote a robust culture of research and innovation among students.

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## 900 DENTAL PRODUCTS SHOWCASED AT GNYDM 100<sup>TH</sup> ANNIVERSARY EVENT

GNYDM celebrated its 100<sup>th</sup> anniversary recently holding a six-day event at the Javits Center in Manhattan.

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## PDA Central Council members take oath in Islamabad



A group photo of the newly inducted office-bearers of the Pakistan Dental Association (PDA) Central Council, captured during the oath-taking ceremony in Islamabad. The photo includes President Dr Khurshid Ahmad, Senior Vice President Professor Ulfat Bashir Raja, General Secretary Professor M. Umar Farooq Marwat, Finance Secretary Dr Umar Farooq, and Information Secretary Dr Muhammad Zeeshan Baig, along with other distinguished dental professionals and health experts, including Professor Ayyaz Ali Khan, Professor Arshad Malik, Professor Amjad Mehmood, and Professor Dr Arham Chohan. —Photo: DT Pakistan

ISLAMABAD: The newly inducted office-bearers of the Pakistan Dental Association (PDA) Central Council officially took their oaths of office during a ceremony at a local hotel in Islamabad.

The event marked a significant milestone for the PDA, reinforcing its commitment to strengthening Pakistan's dental community and advancing the field of dentistry.

The ceremony was presided over by Brig. Dr Shahid, while it was graced by PDA President Dr Khurshid Ahmad, Senior Vice President Professor Ulfat Bashir Raja, General Secretary Professor M. Umar Farooq Marwat, Finance Secretary Dr Umar Farooq, and Information Secretary Dr

Muhammad Zeeshan Baig, along with other distinguished dental professionals and health experts including Professor Ayyaz Ali Khan, Professor Arshad Malik, Professor Amjad Mehmood, Professor Dr Arham Chohan and other.

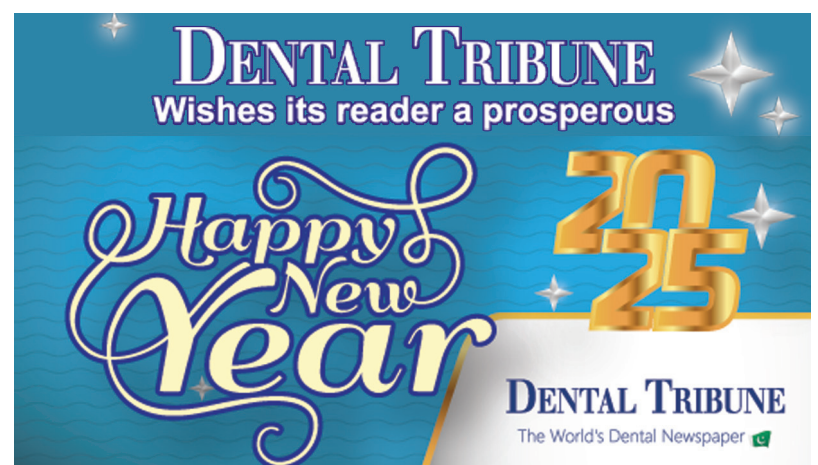
Addressing attendees, Dr Khurshid Ahmad reiterated the association's commitment to the dental community. "This oath is a solemn commitment to uphold the principles of integrity, dedication, and professionalism. It represents our shared mission to serve the dental community and enhance patient care in Pakistan," he said.

Dr Ahmad thanked the dental community for imposing their trust

in the newly elected leadership of the association.

The event underscored the collective resolve of the PDA's

leadership to champion the needs of dental practitioners while promoting advancements in oral healthcare across the country.





# AFID holds Pakistan's first operative dentistry, endodontics moot



Lt Gen Arshad Nadeem and Maj Gen Nadeem Ahmed Rana shared valuable insights with the audience at the inaugural Operative Dentistry and Endodontics Conference. –Photo: DT Pakistan

**RAWALPINDI:** The country's first Operative Dentistry and Endodontics Conference, attended by local as well as international experts, has been organized by the Armed Forces Institute of Dentistry (AFID) in Rawalpindi, aimed at revolutionising dental care.

Held under the patronage of Lt Gen Arshad Nadeem, Hilal-e-Imtiaz (Military), Surgeon General/Director General Medical Services (Inter Services), and Maj Gen Nadeem Ahmed Rana, Hilal-e-Imtiaz (Military), the conference brought together leading experts, researchers, and dental practitioners from around the world to explore advancements in operative dentistry and

endodontics.

The moot served as a platform to promote state-of-the-art research, promote collaboration within the dental community, and enhance practical skills through knowledge-sharing.

During the conference, speakers delivered insightful presentations, sharing innovative ideas and engaging with participants in discussions that are expected to shape the future of dental practices in Pakistan.

Chairing the event, Maj Gen Nadeem Rana said, "This initiative is a significant milestone in fostering a knowledge-sharing network among dental professionals. It lays the groundwork for future

collaborations and research partnerships, ultimately raising the standard of care for dental patients in Pakistan."

The conference also facilitated global networking opportunities, enabling local and international dental experts to establish partnerships that could drive innovation and development in the field. As the first event of its kind in the region, it has set a new benchmark for professional growth and research in dentistry.

The conference heralds a new era for dental healthcare in Pakistan, with promises of further advancements in education, research, and clinical practices, the experts say.

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# DIKIOHS hosts tooth sensitivity, gum health awareness session

**KARACHI:** A tooth sensitivity and gum health awareness session was recently organized by the Dr Ishrat ul Ebad Institute of Oral Health Sciences (DIKIOHS), Periodontology Department part, Dow University of Health Sciences (DUHS).

This initiative, held in collaboration with Haleon Pakistan Limited, aimed to enhance community understanding of essential oral health issues.

The session began with a welcome address by Dr Batool Bibi, Head of the Periodontology

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Dr Batool and Dr Mashal Butt standing alongside Mr. Faheem Bhatti, Senior Regional Detailing Manager at Haleon Pakistan Limited, and his team members. –Photo: DT Pakistan



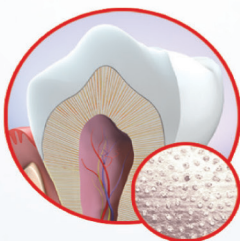
**REPAIR**  
THE CAUSE

**PREVENT**  
PAIN RETURNING

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### REPAIR

Forms a calcium-rich layer and helps repair† sensitive areas of teeth for instant and superior relief‡, 1-3



### PREVENT

Regular use helps strengthen gums and provides lasting protection to prevent further tooth sensitivity

### TREATING SENSITIVE TEETH: A SIDE BY SIDE COMPARISON

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Helps repair sensitive areas of teeth† arginine and calcium formulation	✓	
Clinically proven instant and superior sensitivity relief‡, 2-5	✓	
Acid-resistant occluding layer⁶	✓	
Relieves the pain of sensitive teeth†	✓	✓
Inhibits Plaque and Calculus Buildup	✓	



† With continued use. Also fights cavities.  
 ‡ vs. toothpastes with 5% potassium nitrate. For instant relief, apply directly to the sensitive tooth and gently massage for 1 minute.  
 Reference: 1. Li Y et al. J Clin Dent. 2011; 22(Spec 10):113-120. 2. Nishio S et al. J Clin Dent. 2009; 20(Spec 10):123-130.  
 3. Ayat F et al. J Clin Dent. 2009; 20(Spec 10):103-105. 4. Ayat F et al. J Clin Dent. 2009; 20(Spec 10):115-122.  
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# ZCD tooth carving contest shows students' talent



Students are showcasing their creativity and skills during the intense Tooth Carving Competition! –Photo: DT Pakistan

KARACHI: The Ziauddin College of Dentistry's oral biology department recently held its first-ever Tooth Carving Competition, participated by first-year dental students, demonstrating their skills in dental anatomy and carving precision.

Led by Dr Fizza Saher, Head of the Department, the competition aimed to enhance students' understanding of tooth morphology while developing their manual skills — an essential competency in dentistry.

The participating students were mentored by Dr Hira Batool, Dr Khushbu Lohana, and

Dr Naseer Khan, who provided guidance in honing their techniques.

The panel of judges included Dr Rizwanullah Head of Oral Biology at the Sindh Institute of Oral Health Sciences, JSMU, and Dr Raima Bashir at Bahria Medical and Dental University. They assessed the participants based on anatomical accuracy, proportion, and overall craftsmanship, praising the artistry and detail in the carvings.

The competition provided an opportunity for students to translate classroom knowledge into practical application, requiring them to



Professor Dr Wahab presenting awarded prizes to the top performers. –Photo: DT Pakistan



Participants group photo along with Professor Dr Wahab Buksh Kadri, Principal of Ziauddin College of Dentistry. –Photo: DT Pakistan

carve detailed replicas of various teeth with a focus on anatomical accuracy. This hands-on experience tested not only their theoretical understanding but also their practical skills.

Commending the participants, Professor Dr Wahab Buksh Kadri, Principal of Ziauddin College of Dentistry, praised their dedication and encouraged them to continue striving for excellence. Prizes were awarded to the top three performers, alongside certificates and shields for judges and mentors.

The event reflected Ziauddin College of Dentistry's commitment to innovative and engaging educational experiences for its students.





# WANT A SOLUTION FOR TEETH SENSITIVITY?

## GIVES RELIEF FROM SENSITIVITY

## IN JUST 60 SECONDS



**#1** DENTIST  
RECOMMENDED  
BRAND

DR. FATIMA



# 13,000 school kids undergo dental check-ups during UCMD oral health week



A group photo of faculty and team members who conducted dental check-ups. —Photo: DT Pakistan

LAHORE: To raise public awareness about oral hygiene and educate the community on maintaining good oral health practices, the Department of Community & Preventive Dentistry at the University College of Medicine and Dentistry (UCMD), University of Lahore, recently marked Oral Health Week, conducting dental check-ups of 13,000 students.

This initiative, held in collaboration with Colgate Palmolive Pakistan, primarily focused on providing essential health screenings and promoting knowledge of best practices in oral care.

Throughout the week, teams of second-year BDS students, house surgeons, and faculty members visited 12 schools across Lahore,

where three teams engaged with students each day.

Educational sessions addressed key topics, such as proper brushing techniques, the importance of flossing, and the impact of diet on oral health.

At the University Dental Hospital and University College of Dentistry, approximately 150 people received dental check-ups daily. Oral care product samples were also distributed to encourage quality oral hygiene.

The success of Oral Health Week was attributed to the dedication of team leaders and faculty members, including Dr Khaloud Tariq, Dr Zunaira Iqbal, Dr Seema Shafeeq, Dr Naiha Muzamil, Dr Rayyan Sameer, Dr Zaeem

Ihsan, Dr Salahuddin, and Dr Aqsa Arif.

Special recognition was given to Professor Dr Moghees A. Baig, Dean of UCMD and UCD Principal, for his visionary leadership.

The initiative also received support from Dr Muhammad Aslam, Medical Superintendent of The University Dental Hospital, and Dr Arooj ul Hassan, Head of the Department of Community and Preventive Dentistry, whose expertise played a crucial role in the event's success.

The event underscored the importance of oral health education and reaffirmed the institution's commitment to enhancing community well-being through continued awareness and engagement efforts.

## DDC holds dental health event for underserved students in Orangi

KARACHI: To promote oral health awareness, the Dow Dental College Student Federation (DDCSA), supported by the Community Dentistry Department at Dow Dental College (DDC), organised a dental awareness and check-up event at the Developments in Literacy (DIL) School, Orangi Campus.

For more than 27 years, DIL has been providing high-quality, affordable education to underserved communities across Pakistan. Currently serving over 61,000 students in 191 schools, DIL prepares children for successful careers in diverse fields, including medicine

and public service.

The event aimed to educate students about oral hygiene and included a series of workshops and free dental check-ups.

DDCSA members conducted interactive sessions that highlighted the importance of proper brushing and flossing techniques while addressing dental health concerns.

Around 200 students participated in engaging activities and presentations designed to make oral hygiene practices more accessible and memorable. The free

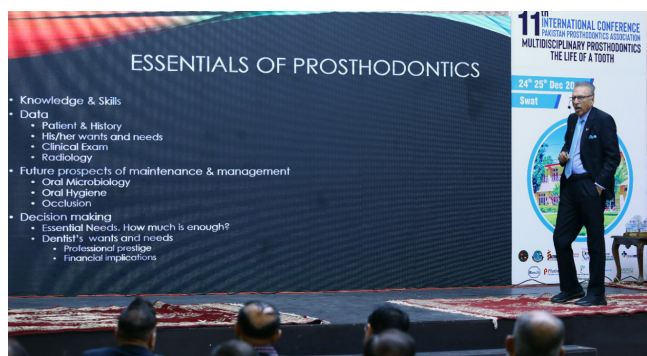
*Continued on page 11*



A dentist providing dental treatment and conducting free check-ups for schoolchildren as part of the dental awareness program. —Photo: DT Pakistan



# PPA's 11<sup>th</sup> International Conference: A landmark event in Prosthodontics



Former President of Pakistan, Dr. Arif ur Rehman Alvi, sharing his valuable insights and experiences on the essentials of Prosthodontics. —Photo: DT Pakistan



A memorable group photograph of the organizing committee of the 11<sup>th</sup> International Conference, alongside distinguished speakers including Prof. Dr. Zia Ul Haq, Prof. Dr. Riaz Yar, Dr. Abdullah, Prof. Dr. Munir Khan, Prof. Dr. Nazia Yazdanie, Prof. Dr. Faheemullah, Dr. Nasser Syed, Dr. Kashif Hafeez, Dr. Sumair Khan, Dr. Nadeem Younis, and Dr. Asim Mahmood. —Photo: DT Pakistan

**SAIDU SHARIF, SWAT:** The 11<sup>th</sup> International Conference of the Pakistan Prosthodontics Association (PPA) was recently held at Saidu College of Dentistry, Saidu Sharif, Swat. With the theme "Multidisciplinary Prosthodontics: The Life of a Tooth," the conference was organized in collaboration with Saidu College of Dentistry, Bacha Khan College of Dentistry Mardan, Khyber Medical University Peshawar, and Saidu Medical College Swat.



Participants actively engaging in post-conference workshops on the fundamental principles of various flap designs, traumatic extractions, and suturing protocols in implant dentistry. —Photo: DT Pakistan

The event began with a recitation from the Holy Quran, followed by the National Anthem and the formal inauguration ceremony. A welcome speech by the Principal of Saidu College of Dentistry set the tone, accompanied by addresses from the President of the PPA and the Patron-in-Chief, who introduced the conference and shared key details with attendees.

Former President of Pakistan, Dr Arif ur Rehman Alvi, graced the occasion as the Chief Guest. In his inaugural speech, Dr Alvi shared his insights and experiences on the topics of digitalization and Invisalign orthodontics. As a gesture of hospitality, traditional shawls and caps were presented to the international speakers.

The conference was spearheaded by Professor Dr Zia Ul Haq, Vice Chancellor of Khyber Medical University, who served as the Patron-in-Chief. Professor Dr Riaz Yar, Chairman of the Scientific Session, and Dr Abdullah, Secretary of the conference, played vital roles in ensuring the smooth execution of the event.

Professor Dr Munir Khan, President of the PPA, expressed satisfaction with the overwhelming response from both national and international participants. He commended the attendees' eagerness to engage in meaningful discussions, exchange ideas, and learn from leading experts in prosthodontics.

Distinguished guests included Health Advisor KPK Mr. Ihtisham Ali as the Guest of Honour, along with senior prosthodontic faculty members such as Professor Dr Nazia Yazdanie, Brig. Azad Ali Azad, Professor Dr Mehmood Hussain, Professor Dr Muhammad Ali Chughtai, and Professor Dr Faheemullah. Their presence, alongside other prominent dental professionals from across Pakistan, added prestige to the event.

Following the inaugural session, extensive scientific sessions, including lectures and presentations by eminent international speakers, took place. Renowned experts such as Dr Nasser

Syed, Dr Kashif Hafeez, Dr Sumair Khan, Dr Nadeem Younis, and Dr Asim Mahmood captivated the audience with their insights on multidisciplinary topics in prosthodontics and dentistry.

The three-day event featured a dynamic array of thought-provoking sessions where speakers provided valuable insights into cutting-edge developments in prosthodontics. Attendees actively engaged in discussions on the latest trends, techniques, and technologies in dental science. Dr Abdullah, Secretary of the conference, noted that the event also featured a Dental Expo with 60 stalls dedicated to dental traders and manufacturers. The conference included three pre-conference and three post-conference workshops, a poster competition for postgraduate residents, and a quiz competition for undergraduate students.

He emphasized that the success of the event highlighted the significance of collaborative learning and knowledge exchange in advancing dental care. The 11<sup>th</sup> International Conference of the PPA reaffirmed the association's commitment to promoting education and professional development in prosthodontics.

The involvement of experts from around the world solidified the conference's status as a landmark event in the field of dentistry. Dental News, a leading media outlet, served as the exclusive media partner, providing comprehensive coverage of the event.

## BDC team shines at poster, 3D model contest at ISRA University



The photo shows the participants of the intra-provincial Poster and 3D Model competition. BDC secured 1st place in the Best 3D Model category, with students Muhammad Asqam Farooq, M. Usman Liaqat, Rafay M. Noon, and Zahra Batool winning for their innovative cross-sectional 3D model depicting dentine sensitivity. The project was supervised by Dr Marwah Berkathullah. —Photo: DT Pakistan

**KARACHI:** The Baqai Dental College (BDC) students stood out at an intra-provincial Poster and 3D Model competition, recently organized by the Faculty of Dentistry and Allied Sciences at ISRA University, Hyderabad, attracting participation from universities across the region.

The BDC team was led by Dr Arsalan Mirza, Head of the Oral Biology Department,

*Continued on page 11*



# LCMD marks annual research day with 83 poster presentations



Participants of the Annual Research Day at LCMD stand respectfully as the national anthem is played. —Photo: DT Pakistan



Muhammad Khalid Ashrafi, Treasurer of the College of Physicians and Surgeons Pakistan, addressing the participants at the LCMD Annual Research Day. —Photo: DT Pakistan

KARACHI: Liaquat College of Medicine and Dentistry (LCMD) recently celebrated its Annual Research Day, to promote a robust culture of research and innovation among students, featuring 83 poster presentations spanning complete studies, review articles, and research synopses.

The event, supported by Principal Professor Dr Navid Rashid Qureshi and the Student Scientific Committee, led by Dr Amna Rehman, was attended by some 300 students from all academic years.

Top-three presenters received cash

prizes of Rs40,000, Rs30,000, and Rs20,000, respectively.

Mr. Zafar Masud, Chairman of the Pakistan Banks' Association and President & CEO of the Bank of Punjab was the chief guest, while prominent academic and research figures, including Professor Dr Farhat Jaffri, Head of Community Health Sciences at KMDC; Professor Dr Farida Islam, Dean of Medicine at the University of Karachi; and Professor Dr Aqeel Shaikh, Former vice-principal of KMDC were also present.

An expert panel comprising 18 senior jury

members, including Professor Dr Moin Ansari (Psychiatry, LUHMS) and Professor Dr Hassan Shahid (Research Director, Isra Dental College), evaluated the research presentations, offering insightful feedback.

LCMD faculty also contributed to the judging process, ensuring a thorough assessment of each project.

The event attracted senior dentists and faculty members from various educational institutions across Karachi. Students, guided by faculty supervisors, showcased research that adhered to rigorous scientific criteria.

## Dr Mustafa Tahir conducts dental health awareness session at Greenwich University

KARACHI: Greenwich University recently hosted a highly engaging and informative dental health awareness session featuring Dr Mustafa Tahir, CEO and President of the Modern Academy of Implant Dentistry (MAOID). The event focused on raising awareness about oral health and fostering better dental care practices among attendees.

Dr Tahir, a renowned dental health expert, delivered a thought-provoking presentation



Dr Mustafa Tahir delivered a presentation on common oral health problems, highlighting the importance of oral hygiene and its impact on overall health. —Photo: DT Pakistan

on common oral health risks associated with cigarettes, problems, the dangers of dental vapes, and other tobacco-related diseases, and the severe health products. Emphasizing

prevention, he urged attendees to adopt healthier lifestyles and prioritize regular dental checkups to avoid long-term complications.

The session provided a platform for students and faculty to ask questions, deepening their understanding of oral hygiene and its impact on overall health. The university's initiative reflects its commitment to educating the community about critical health issues and promoting a healthier future.



# PAO conference concludes successfully in Lahore



Pictorial highlights from the 10<sup>th</sup> Pakistan Association of Orthodontists (PAO) Conference, featuring experts presenting significant advancements in orthodontic knowledge and practice. —Photo: DT Pakistan

LAHORE: The 10<sup>th</sup> Pakistan Association of Orthodontists (PAO) Conference concluded on a high note at the Rashid Latif Medical Complex, Lahore, under the banner "Smile Beyond Borders: Global Orthodontic Perspectives." This landmark two-day event brought together leading dental professionals, educators, and experts, showcasing significant advancements in orthodontic knowledge and practice.

The conference commenced with an inspiring inaugural session attended by distinguished guests, including Chief Guest Professor Dr Khalid Masood Gondal, Vice Chancellor of Fatima Jinnah Medical University and President of the College of Physicians and Surgeons Pakistan (CPSP). Professor Gondal's address highlighted the essential role of collaborative efforts in advancing healthcare, commending PAO for its critical contributions to orthodontic progress in Pakistan.

The inaugural day featured a host of influential figures, including Madam Sabahat, CEO of Rashid Latif Medical and Dental College, and principals of key dental

institutions such as Professor Dr Nazia Yazdani (Rashid Latif Dental College), Professor Dr Qasim Saeed (CMH Dental College), Professor Samir Qazi (LMDC Lahore), Professor Irfan ul Haq (Head of Orthodontics, RLDC), Professor Ulfat Bashir (Islamic International Dental College Islamabad), and Professor Haroon Qazi (IMDC Islamabad). Renowned orthodontic experts such as Professor Saad Asad, Professor Rozina Kaleem, and Professor Mubasir Fida from Aga Khan Hospital Karachi further enriched the event with their insights.

Workshops on the first day were a major draw, engaging participants with hands-on learning experiences. Key workshops included the Startup Showdown, Dental Olympics, Leadership Training Program, Career Counseling, and Dental Photography. These sessions facilitated active participation, practical skill-building, and interactive learning.

The second day of the conference continued the momentum, emphasizing scientific learning and community building. Attendees were treated to a series of high-

level scientific sessions, where speakers presented innovative research and shared critical insights into evolving orthodontic practices. These sessions showcased cutting-edge techniques and fostered a rich environment for discussion and exchange of ideas among participants.

A notable highlight of the second day was the presentation of shields to the distinguished speakers in recognition of their invaluable contributions. This gesture reinforced the conference's spirit of acknowledgment and celebration of excellence in the field.

The PAO Conference 2024 concluded as a resounding success, setting a benchmark for future gatherings. It underscored the significance of continuous professional development, knowledge sharing, and fostering connections that transcend geographical boundaries. Dental News is honored to have been the media partner, bringing this impactful event to the forefront of the dental community and reaffirming its commitment to supporting advancements in dental health and orthodontics.