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Laser—useful and reasonable

„Laser is not only an expert medical or dental discipline, but also a technology which, thanks to its versatility, can be applied on its own or in addition to other treatments for a variety of different medical and dental purposes. Moreover, there is not just "the one and only laser", but lasers of different wavelengths. Since students do not learn anything about laser application during their studies, e.g. that laser application is based on biophysical light-tissue interactions, it is highly important for every responsible dentist to acquire the necessary knowledge about lasers.

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Dental-Laser

The use of the Er:YAG in laser-assisted **broken** abutment screw treatment

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Abstract

Dental implants are a functional and aesthetic solution to partial and total edentulism. Although the overall success rate of implant dentistry is very high, over 90% of the treatment modality is not free of complications and dental implants occasionally fail. The chronic loosening or fracturing of implant screws continue to be a problem in restorative practices and generally are challenging to remove. This report describes and demonstrates the management and technique used for the removal of fractured screw fragments and the successful utilization of the Er:YAG laser as an important auxiliary tool.

Introduction—the problem

Success in implant-supported prosthetic replacement of teeth will be due to a combination of appropriate placement criteria (receptor site quality, implant stability, osseointegration), appropriate (non-excessive) loading and prevention of bacterial contamination. The failure of dental implants is due not only to biological factors, such as unsuccessful osseointegration or the development of peri-implantitis, but it may also result from technical complications.^{1,2} Den-

tal implant complications may be considered under the following main categories:

Early

- _ Failure/inadequate surgical preparation.
- _ Failure of osseointegration.
- _ Peri-surgical infection.

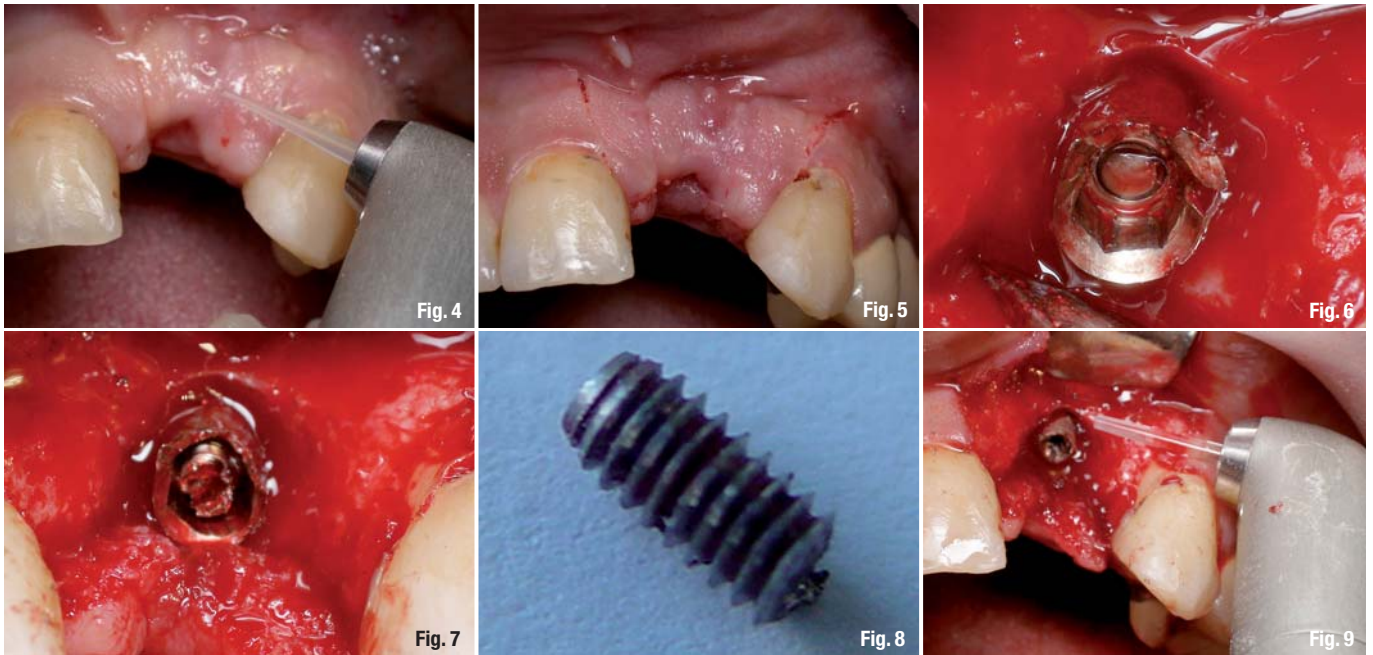
Late

- _ Implant overloading, leading to bone loss.
- _ Peri-implantitis.
- _ Soft tissue complications.
- _ Fracture of mechanical components and aesthetic/phonetic considerations.

Failures of implant-supported restorations result from technical problems and can be divided into two groups: those relating to implant components, and those relating to the prosthesis.^{3,4,5,6,7,8,9,10,11} Technical problems related to implant components include abutment screw fracture.^{8,12}

The abutment screw fracture presents a rare, but quite unpleasant failure and can be a serious problem^{13,14}, as the fragment remaining inside the implant may prevent the implant from functioning efficiently





as an anchor.¹⁵ The primary reason for screw fracture is undetected screw loosening which can be due to bruxism, an unfavorable superstructure, overloading^{16,17} or malfunction.^{10,11,18,19} Fractures of the implant abutment or of the abutment screw have been observed as a consequence of screw loosening and undetected micro-movements of the abutment under functional loading²⁰ and consequently, it is advised that the repeated loosening of an abutment screw should alert the clinician to possible significant contributing causes.

However, the behavior of the implant/abutment joint components with respect to critical bending force is still unclear.^{20,21} Studies show that implant abutment failure occurs when lateral forces exceed 370 Newtons for abutment with a joint depth of at least 2.1 mm and 530 Newtons with a joint depth of at least 5.5 mm.⁷

Preventive recommendations

- The number, position, dimension and design of implants, as well as the design of the prosthesis are critical factors to be considered during the treatment planning phase.^{11,12,13,22,23} To withstand high bending stresses, implants should be as long and as wide as possible, used in adequate numbers, and be positioned such as to allow axial loading.^{13,20,24,27} Implant components are known to fracture more frequently in the posterior region and in partially dentate patients compared to completely edentulous patients.^{5,6,9,11,12,19,23,25}
- Retightening an abutment screw ten minutes after the initial torque applications should be routinely performed, and increasing the torque value for abut-

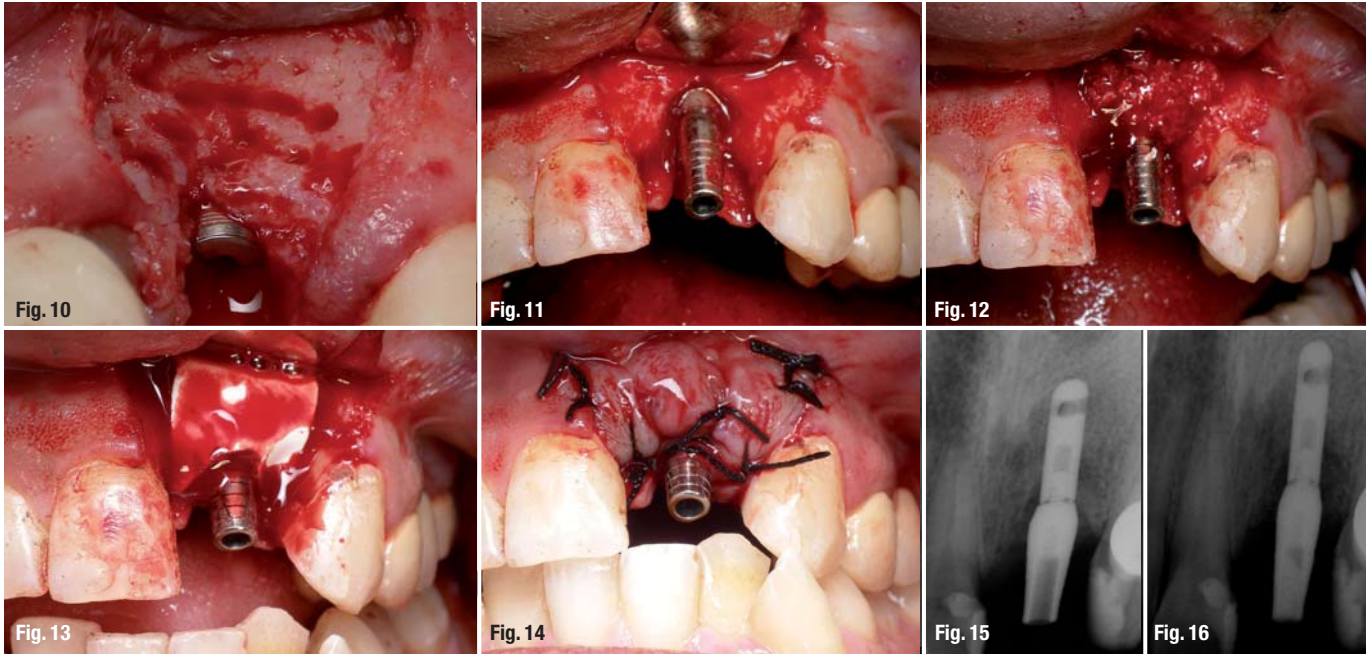
ment screws above 30 Newtons can be beneficial for the abutment, implant stability and to decrease the possibility of the screw becoming loose.²⁵

- Proper case selection, excellent surgical technique, placing an adequate restoration on the implant, educating the implant patient as to the importance of maintaining meticulous oral hygiene, and evaluating the implant both clinically and radio-graphically at frequent recall visits²⁶; reinforcing periodic maintenance.
- A procedure for using dimples inside the abutment screw cylinder above the screw, and filling the holes with elastomeric impression material will prevent the screw-retained prosthesis from loosening.²⁷
- Using the correct fixation screw.
- Replacing loose screws instead of retightening them.
- Immediate investigation; looseness of the prosthesis is detected by the clinician or patient.^{28,29}

Fragment retrieval methodology

The methods employed to grasp the broken fragments or screw are determined according to the location of the fracture abutment—above or below the head of the implant. If an abutment screw fractures above the head of the implant, an explorer, a straight probe or haemostats³⁰ might be successful. The tip of the instrument is moved carefully in a counter-clockwise direction over the surface of the screw segment until it loosens.¹ If the screw fracture occurs below the head of the implant, other methods are required. There are several available implant repair kits:

- ITI® Dental Implant System (Institut Straumann AG, Switzerland), consists of drills, two drill guides and six manual tapping instruments.⁸



- _ IMZ®TwinPlus Implant System¹ (DENTSPLY Friadent, Germany)
- _ Screw Removal Kit Replace (Nobel Biocare™, Yorba Linda, California, USA)
- _ Certain®-Screw Removal Kit (Biomet 37™, Florida, USA³)

The application of these systems is to permit a hole to be drilled into the centre of the broken screw and drive a removal wedge into the hole that engages the broken screw when reverse torque is applied by removing the instrument.

If no thread damage has occurred and the screw has not "bottomed out" or torqued into a seating stop, then the force necessary to remove the screw may be minimal.⁸ If none of these systems is available, another method for broken screw retrieval involves the following procedure: after the prosthesis or abutment is removed, the screw hole is vigorously flushed with an air/water spray from a 3-way syringe. Pressurized air is applied to dry the screw hole, and a drop of mineral oil (delivered on the tip of an explorer) is introduced into the screw hole. A sharp 1/4-round bur in a high-speed handpiece is activated and lightly applied to the exposed side of the fractured screw. The objective is to have the spinning bur's blades contact the metal surface of the screw so that the screw will spin itself out of the hole. When repeated several times, the screw can be backed out and retrieved easily with forceps.⁸

If this technique fails, a slot can be created using a surgical drill, on the head of the fractured screw, and then a screwdriver is used to back out the broken abutment screw. Sometimes just a gentle touch with

the drill to the head of the broken screw will be enough to back it out. If the hexagonal head of the screw is stripped, it should be filed away completely using a round carbide bur or heatless stone, the head of the implant should be straightened, and a new abutment may be rotated into the implant.

Case study

This clinical report describes a situation in which a fractured implant abutment screw was successfully retrieved by using the Er:YAG laser as an auxiliary tool, and the advantages of this 2,940 nm wavelength versus conventional methods.

Examination

A 36-years-old male presented for treatment, reporting the detachment of an implant-supported crown in the region of the upper left central incisor. The patient stated that the implant and crown had been placed four years earlier and that looseness of the crown had occurred on two occasions during this period. On both occasions, the screw had been re-tightened with no further investigation.

Clinical examination of the patient revealed a missing tooth at the location of #9 with no sign of an implant (Fig. 1). The patient brought the abutment, crown and broken screw with him (Fig. 3). Radiographic examination of the area showed the presence of a root-form cylindrical implant, consistent in appearance with a 13 mm long, 3.75 mm diameter abutment with an internal hex. The apical part of the screw remained threaded into the implant, but had fractured at the level of the hexagonal lock. Although

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