

T O G E T H E R I S B E T T E R
INTERNATIONAL ASSOCIATION OF DENTAL STUDENTS

IADS MAGAZINE

February 2018



COUNTRY PROFILE
TAIWAN

NOVEMBER 2017

**MOUTH
CANCER
ACTION
MONTH**



FINAL REPORT



LIP INJECTION

BIKES & SMILES

Giving Smiles to Cambodia
Children with Humble Smile



ISTANBUL DENTAL
SUMMER CAMP

**“DON'T LET OTHERS TELL YOU
WHAT YOU CAN DO OR NOT**

DR. JULIANE VON HOYNINGEN-HUENE

IADS PRESIDENT 2007-08

register for
FREE



- education everywhere and anytime
- live and interactive webinars
- more than 1,000 archived courses
- a focused discussion forum
- free membership
- no travel costs
- no time away from the practice
- interaction with colleagues and experts across the globe
- a growing database of scientific articles and case reports
- ADA CERP-recognized credit administration

www.DTStudyClub.com

Join the largest educational network in dentistry!

ADA CERP® | Continuing Education
Recognition Program

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

 **DT STUDY CLUB**
COURSES | DISCUSSIONS | BLOGS | MENTORING

dti | Dental
Tribune
international

EDITOR'S WORD



ABANOBYOSRY

Dear IADS Members and Fellows ,

I've to share with you this fact about my work, being the mirror of an active and really growing organization like IADS is so challenging and stressful job. Because you have to think and work 24/7 how to create reliable channels of communication and engagement with dental students worldwide from different time-zones, languages, expectations and cultures. Luckily, my leadership colleagues and especially the Editorial Board try to help me fulfill my job duties in the way that our 67-years-old organization deserves and I can't be more grateful for them.

In this issue, your editorial board managed to share with you valuable experience of former IADS President of ten years ago, Dr. Juliane 'from Germany' who took us for journey to see how IADS looked in her time.

Also you can learn about lip augmentation and social learning role in dentistry. If you are Spanish speaker, you will find unique proven tips for dental event planning.

World Health Organization experience is also present here with report of Ave Pold (IADS External Relations Officer) who represented our organization in Dublin at 4th Human Resources for Health Forum. Last but not least, I can't wait to meet of the family in Northern Cyprus!

PRESIDENT'S MESSAGE



ANDREY BALTAEV

Dear Reader,

You are lucky to hold the new issue of our IADS Magazine in your hands. This was made possible by amazing work and performance of IADS Editorial Board and the editor, Dr. Abanob Yosry himself, and I want to thank him and editorial board team members for their contribution.

As you may already noticed, IADS is growing bigger day by day. In just the last six month our manpower increased tenfold, our ambassadors represented dental student community on many important events, we found many new partnerships and I believe, that progress at an ever increasing pace is inevitable. I am proud of our organization achievements and I want to thank all of those, who put their fair share in the development of the association.

Soon, we will all gather on the island of Cyprus to work together, share our ideas, and of course, to have fun on our 64 th Mid-Year Meeting. 64th means that it is happening for the 64th time! Every year there is an opportunity for you to join the global dental student community and develop yourself as a better leader, volunteer or organizational member.

In less than 6 month, we will have our main event of the year – 65th IADS Annual congress. Top speakers, interesting workshops, Asian hospitality and student-friendly atmosphere – all of these you can experience with us. You are invited!



1
BIKES & SMILES
IVP CAMBODIA

3
BE MOUTH AWARE
MCAM'17 REPORT

5
IADS IN DUBLIN
4th HRH FORUM

7
COUNTRY PROFILE
TAIWAN

12
IADS EN ESPANOL

15
HUMAN RIGHTS
SPEECH FREEDOM

17
LOVE FROM SRILANKA

19
IADS @ APDSA MYM
TAIWAN LOC REPORT

20
LIP AUGMENTATION
GO FOR IT OR NOT?

22
IADS STORIES
DR. JULIANE INTERVIEW

26
SOCIAL LEARNING
& DENTAL ANXIETY

30
GUEST ARTICLE
EVP WITTEN

2017/2018 IADS EXCO



Andrey
Baltaev

President

Country: Russian Federation

University: Saratov State Medical University

IADS e-mail: president@iads-web.org



Natália
Savková

General Secretary

Country: Slovakia

University: University of Pavel Jozef Safarik

IADS e-mail: secretary@iads-web.org



Marc-Antoine
Balas

Treasurer

Country: France

University: Universite Claude Bernard Lyon-1

IADS e-mail: treasurer@iads-web.org



Abanob
Yosry

Editor

Country: Egypt

University: Tanta University, Faculty of Dentistry

IADS e-mail: editor@iads-web.org



Tan
Sze
Hao

International Exchange Officer

Country: Malaysia

University: Penang International Dental College

IADS e-mail: ieo@iads-web.org



Shayan
Darvish

International Scientific Officer

Country: Iran

University: Zanjan University of Medical Sciences

IADS e-mail: iso@iads-web.org



Sina
Saygili

Immediate Past President

Country: Turkey

University: Istanbul University, Faculty of Dentistry

IADS e-mail: ipp@iads-web.org

CHAIRMEN OF STANDING COMMITTEES



Deniz
Yenidunya

Chairman of the Training Committee

Country: Turkey

University: Istanbul University, Faculty of Dentistry

IADS e-mail: training@iads-web.org



Khalida
Badawi

Chairman of the Prophylaxis Committee

Country: Sudan

University: Khartoum University, Faculty of Dentistry

IADS e-mail: prophylaxis@iads-web.org



Björn
Bierlich

Chairman of the Voluntary Work Committee

Country: Germany

University: Dresden University

IADS e-mail: voluntary@iads-web.org



Betül
Gedik

Chairman of the Committee on Recruiting New Members

Country: Turkey

University: Istanbul University, Faculty of Dentistry

IADS e-mail: recruitment@iads-web.org



Navnit
Kumar

Chairman of the Fundraising Committee

Country: India

University: Vinoba Bhave University

IADS e-mail: iadsfundraising@iads-web.org



Ave
Põld

Chairman of the External Relations Committee

Country: Estonia

University: University of Tartu, Faculty of Dentistry

IADS e-mail: external.relations@iads-web.org

REGIONAL DIRECTORS



Nicola Reinholdova

Regional Director of Europe

Country: Czech Republic



Chiraluck Pimpalia

Regional Director of Asia-Pacific

Country: Thailand



Sanam Rahimi

Regional Director of the Middle East

Country: Iran



Protas Msungu

Regional Director of Africa

Country: Tanzania



H. Leonardo Meza Palma

Regional Director of America

Country: Chile

EDITORIAL BOARD

2017/18

Greta Kersyte

Abdelrahman Magdy
Adeleye Mesogboriwon
Adelin Radu
Ahmed Amine Gacem
Aisha Taha
Alakyaz Assoudrian
Amna Fakhar
Anas Miqdad
Angelou Honrado
Anna Swiader
Arghavan Navadeh
Cristiano Tomas
Dana Kloudova
Daniela Popescu
Ernest Mugesera
Esraa Mohammed
Ethan Wu
Francisco Garrido
Fulden Kalelioglu
Joanna Dawcewicz
Khaleed Umar
Lock Chee Hou
Maria-Alexandra Dogaru
Mayank Kakkar
Mirsad Kadic
Mohamed Banoub
Mohammed Akl
Pongkarn Kanjanawattana
Ranj Azeez
Sereykosarak Vudh
Shubhankar Nandkhedkar
Silvi Domnori
Srinivasan Narasimhan
Viktorija Auzbikaviciute
Vincenzo Crupi
Vishnu Valeti
Walaa AlAbsi
Zeinab Jaber
Zied Mnif

Lithuania

Egypt
Nigeria
Romania
Algeria
Iraq
Jordan
Pakistan
Palestine
Philippines
Poland
UAE
Portugal
Czechia
Romania
Rwanda
Sudan
Taiwan
Chile
Turkey
Poland
Nigeria
Malaysia
Romania
India
Bosnia
Egypt
UAE
Thailand
Iraq
Cambodia
India
Turkey
India
Lithuania
Italy
India
Palestine
Lebanon
Tunisia

loeb@iads-web.org

II.KLASH@gmail.com
adeleyeoriola@gmail.com
adelinradu@gmail.com
gacemaa@gmail.com
denniz.gul93@yahoo.com
dr.alakyaz@hotmail.com
amnafakhar91@gmail.com
anas94miqdad@gmail.com
corinehonrado@gmail.com
anna.swiader26@gmail.com
arghavan.nv@gmail.com
cristianotomas@hotmail.com
dada.kloudova@gmail.com
sorinappsc@gmail.com
ernestmiker1@gmail.com
esraaberair@gmail.com
easonwu1996@gmail.com
francisco.vargas.garrido@gmail.com
fulkal@outlook.com
dawcewicz@onet.pl
khaleedu@gmail.com
chlock1992@hotmail.com
alexa.dogaru95@yahoo.com
mayankuever@gmail.com
mirsad-kadic@hotmail.com
m.m.banoub@gmail.com
mohdaakl@gmail.com
pam.kanja@gmail.com
ranjrozak@gmail.com
vudhsereykosarak@gmail.com
nandkhedkars96@gmail.com
silvi_domnori@hotmail.com
venkniralac@gmail.com
viktorija.auzbikaviciute@gmail.com
vincenzo.crupi.92@gmail.com
vdada91@gmail.com
walaa.absi17@hotmail.com
zeinab.jaber53@gmail.com
mnif.zied@gmail.com



BIKES & SMILES

Giving Smiles to Cambodia Children with Humble Smile Foundation

On the very 9th of November to 22nd November 2017, dental students from worldwide gathered at Prekjik Village, Cambodia for a collaborative project among International Association of Dental Students (IADS), Humble Smile Foundation, Bike 4 Cambodia and Alliance for Oral Health Across Borders.

This community program was initiated by the Humble Smile Foundation President, Dr. Darren Weiss serving one common goal "Prevention of Suffering caused by Oral Disease by Promoting Effective Oral Health Initiatives where Needs are Great".

As we know oral health is fundamental to general health and well being. Poor oral health affects us in many ways as a result of pain, discomfort, tooth loss, absence from school & work. Despite numerous efforts seen to promote oral health awareness, time and time again, it fail due to barriers. The barriers which we are mentioning here are poverty, ignorance, inadequate financial resources, insufficient health work-

ers and etc. All these factors pose a significant challenge to many countries, especially developing countries where its economics and health policy is in its transition period.

In this context, Cambodia is chosen for this very particular community project. Cambodia for many years faced with many sociopolitical issues which include widespread poverty, environmental destruction, high hunger rate. Despite the fact that, Cambodia is considered one of the few countries with low per capital income compared to its neighboring South East Asia Countries, Cambodia boosts to be one of the fastest economic growing country with an average of 6% GDP growth for the past decade with agricultural is the mainstay of its economy.

Cambodian population is known to have a high caries rate coupled with poor dietary habits and inaccessible oral health care facilities. Of the 450 Cambodian dentists available, most of them are not serving

in the rural area where most of the population live.

Common dental problems like dental caries could be prevented by inexpensive methods which is based on nutrition, water fluoridation, dental service utilization. Dental health promotion create a favorable environment for the adoption of these healthy oral habits. The use of school as a platform for oral health care awareness is particularly beneficial as these activities could be incorporated into the existing curriculum seamlessly with the support of the staff to ensure proper implementation. The implementation of most community programs should not rely on its national body to be carried out. As such, there is a need of many community programs for promoting dental health among the disadvantaged populations in areas like Kampong Cham and Tbong Kmoum districts of Cambodia.

Cambodia Smile and Bike Program serves to reduce morbidity due to caries among vulnerable population in target region. Its core activities include

1. Improve sugar and acid intake habits among children

- obtain authorization to work in schools
- work with school teachers on appropriate food intake
- prepare training module & schedule for school kids
- Advocate MOH & MOE for policies and protocol implementation
- meet local community leaders to sensitize and explain oral health

2. Improve Plaque Control Measure Among School Children

- Introduce oral health care habits
- Sensitize school leaders and parents
- Toothbrush distribution (for 1 year) to school students
- discuss with government on tax reduction on health care accessories

- Find potential donors for oral health care accessories
- Provide training to school authorities
- Create brushing stations

3. Increase ratio of favourable : unfavourable host factors

- Introduction of fluoride toothpaste in curriculum
- sensitize community regarding benefits of fluoride toothpaste
- sensitize community regarding benefits of sugarless chewing gum
- 1 year supply distribution to school kids
- Advocate on fluoridation
- Application of Silver Diamine fluoride to cavities
- Application of fissure sealant



In a nutshell, intervention must aim to tackle oral health issue in long term perspective such as tackling upstream factors, inequalities and policies. It is clear that oral health department could only do this much. Ultimately, it still depends on the continuous effort put by all parties for the benefit of the community.



LOCK CHEE HOU / SARAK HYUN Woo
MALAYSIA CAMBODIA